



# Aalborg Orienteringsklub

## Invitation to DM Long Distance 15/9-2024 in Vester Thorup

### Bulletin 1

Organizer	Aalborg Orienteering Club
Classification	Danish Championship - DM Long Distance 2024  The event is categorized as a 4-star A-event.  DM Long is an IOF World Ranking Event (WRE) and part of Danish Orienteering ranking events.
Date	Sunday September 15 <sup>th</sup> , 2024
Competition area	Vester Thorup, situated at the north-west coast of Jutland.  The competition area is marked on a map, which can be found at the event web site, follow the link below. Access is prohibited for participants and their coaches according to DOF (Danish Orienteering Federation) Regulations 2023. The embargoed area can be found here: <a href="https://aalborgorienteringsklub.dk/dm2024/skovlukning/">https://aalborgorienteringsklub.dk/dm2024/skovlukning/</a>  The area is strictly embargoed until the competition has ended, but it is allowed to follow the public road.
Parking	Follow signs from Vester Thorup at Thorup Strandvej (road no 569). GPS <a href="https://www.google.com/maps/place/57.103303,9.124410">57.103303, 9.124410</a>
Event Centre	Event Centre is located at an open area in the forest. Follow signs from parking place.  Distance up to 1200 m.  The secretariat for the competition opens at 8:00 am.
Map	Vester Thorup, recently drawn in 2024. Contour interval: 2.5 meters Scale: 1:10.000

Note: SRU (Event and regulations committee) has granted an exemption from the

## Regulations for DM Long 2024.

The map is approved by a DOF map consultant with DOF's quality mark and printed on pre-tex paper by a printing house who is certified by IOF.

Pre-existing orienteering maps can be viewed here:  
<https://aalborgorienteringsklub.dk/dm2024/gamle-kort/>

**Terrain description** Vester Thorup is a dune plantation with pine, spruce and, to a limited extent, hardwood vegetation. The terrain contains many fascinating contour details in varying forest densities. Well-developed road network. The network of paths varies from well-developed to diffuse.



**Participants** Every member of a club under DOF (Danish Orienteering Federation) or IOF on the day of the competition is granted access to the competition classes.

**WRE classes** Women, Men.

Other classes: There will be classes for all ages (W/M10 to W/M90). See information on <https://aalborgorienteringsklub.dk/dm2024/lang/> (in Danish).

**Quarantine** There will be no quarantine.

**Course lengths** 70-80 min winning time for W21 and 90-100 min for M21.

**Seeding** Seeding of runners will take place in the elite classes in accordance with DOF Regulation 2023 and the IOF World Ranking List.

**Prize giving ceremony** Immediately after the race.

**Punching system** Emit

**All competitors will use a punching tag supplied by the organizer. You cannot use your own Emit tag.**

Procedure for how to get and return the punching tag is stated in Bulletin 2.

Lost punching tags will be charged DKK 600.

**Start** Individual start.  
First start at 10.00.  
Distance from event centre to start is max 1500 m.

**Service** There will be toilets at the venue and on your way to the start.

A kiosk/café will serve tea, coffee, snacks and a variety of food at the event centre.

There is a first aid tent at the venue.

There will be no changing rooms and shower facilities. Though the North Sea is only a short distance.

Entry	<p>All entries for the two WRE classes shall be accomplished via IOF Eventor. Other entries shall be carried out in O-Service or via e-mail to <a href="mailto:dm2024@aalborgorienteringsklub.dk">dm2024@aalborgorienteringsklub.dk</a></p> <p>Entry deadline: September 3<sup>rd</sup>, 2024. Late entries are accepted until September 11<sup>th</sup>, 2024.</p>
Entry fee	<p>190 DKK in due time 380 DKK for late entries</p> <p>Payments shall be transferred in Danish kroner (DKK) to the Aalborg OK bank account. Copies of invoices can be requested via email to: <a href="mailto:dm2024@aalborgorienteringsklub.dk">dm2024@aalborgorienteringsklub.dk</a> <u>All bank charges shall be covered by the payer.</u></p> <p><b>Payment details:</b> Bank: Ringkjøbing Landbobank, Nørresundby Bank Account No.: 7450-0001639772 IBAN: DK9274500001639772 SWIFT/BIC: RINGDK22 Bank account owner: Aalborg OK c/o Jan Møller, Nordfeldparken 25, 9400 Nørresundby, Denmark</p> <p>Payments are due at entry deadline. Entries are not valid without payment.</p>
Travel information	<p>The travel distance by car is about 55 km from Aalborg Airport, 175 km from Billund Airport and 440 km from Copenhagen Airport. There is no public transport available to the competition area.</p>
Accommodation	<p>The region offers a wide range of accommodation. For information, please contact <a href="https://www.visitjammerbugten.dk/">https://www.visitjammerbugten.dk/</a> or <a href="https://www.visit-nordvestkysten.com/feriesteder/thy">https://www.visit-nordvestkysten.com/feriesteder/thy</a></p>
Visa	<p>Directions for obtaining entry permit (visa): Citizen from countries with a visa requirement shall apply for a visa. See the list of countries with a visa requirement and further instructions at <a href="https://www.nyidanmark.dk/en-GB">https://www.nyidanmark.dk/en-GB</a></p>
Training opportunities	<p>Contact <a href="mailto:dm2024@aalborgorienteringsklub.dk">dm2024@aalborgorienteringsklub.dk</a></p>
Further information	<p>Further information will be published in Bulletin 2, one week before the event.</p>
Event Directors	<p>Ole Nielsen, Aalborg OK, phone: +45 3067 3737 John Dalsgaard Sørensen, Aalborg OK, phone: +45 2077 5805 E-mail: <a href="mailto:dm2024@aalborgorienteringsklub.dk">dm2024@aalborgorienteringsklub.dk</a></p>
IOF Event Advisor	<p>Keld Gade, Viborg OK</p>
Course Planner	<p>Claus Bobach and Morten Schou, Aalborg OK</p>

Course Controller Helge Poulsen, Mariager Fjord OK  
Jury Chairman: Keld Gade, Viborg OK.  
Members of the jury will be selected by the IOF Event Advisor and Event Directors from the participants when the start list is published.  
Mappers Erik Flarup, Ulrik Staugaard, Morten Kjær and Steffen Alm  
Map Consultant Steen Frandsen