



## Bulletin 2

# WRE and Danish Championships Long Distance 2024

**Sunday, September 15, 2024 in Vester Thorup**

<b>Classification</b>	World Ranking Event.
<b>Organiser</b>	Aalborg OK
<b>Website</b>	<a href="https://aalborgorienteringsklub.dk/dm2024/IOF%20Eventor%20-%20Event%20information%3A%20DM%20Lang%20(orienteeing.org)">https://aalborgorienteringsklub.dk/dm2024/IOF Eventor - Event information: DM Lang (orienteeing.org)</a>
<b>Venue/Parking</b>	Follow signs from Vester Torup at Thorup Strandvej (road no 569). GPS <a href="https://www.google.com/maps/place/57.103303,9.124410">57.103303, 9.124410</a>
<b>Event center</b>	<p>The arena is located at an open area in the forest.</p> <p>Follow orange/yellow marking from parking place.</p> <p>All participants MUST follow the marked route to the event center, as the surrounding terrain is a competition area.</p> <p>The secretariat for the competition opens at 8:00 am.</p>
<b>Arena map</b>	An arena map is displayed at the entrance to the event venue.
<b>Shower</b>	There will be no changing rooms and shower facilities. Though the North Sea is only a short distance away.
<b>Toilets</b>	There are toilets close to the arena and at the start.
<b>First aid</b>	There is a first aid tent incl. defibrillator at the arena.
<b>Kiosk</b>	<p>A kiosk/café will serve coffee, snacks, etc. and a variety of food at the event centre.</p> <p>Payment is accepted via Mobile pay and cash.</p>
<b>Distances</b>	<p>Parking to the arena: up to 1200 m – follow orange/yellow markings.</p> <p>Arena to start 1: approx. 1500 m – follow blue/red markings.</p>

## Embargoed areas

The competition area is marked on a map, which can be found at the event web site, follow the link below. Access is prohibited for participants and their coaches according to DOF (Danish Orienteering Federation) Regulations 2023.

The embargoed area can be found here:

<https://aalborgorienteeringsklub.dk/dm2024/skovlukning/>

The area is strictly embargoed until the competition has ended, but it is allowed to follow the public road.

## Courses

Class	Length	Controls	Refreshments	Climb	Scale
D21 (WOMEN)	10,0	25	3	325 m	1:10.000
H21 (MEN)	14,7	33	4	520 m	1:10.000

## Winning times

D21 (WOMEN): 70-80 min

H21 (MEN): 90-100 min

## Timing and punching

Emit

**All competitors will use a punching tag supplied to each club at the event office.** You cannot use your own Emit tag. Additionally blank back-up cards are supplied, which the runner inserts into the EMIT punching tag.

## Map

Vester Torup, recently drawn in 2024. Contour interval: 2.5 meters

Scale: 1:10.000

Note: SRU (Event and regulations committee) has granted an exemption from the Regulations for DM Long 2024.

Remarks:

1. The degree of detail in the curve image is very high. In the most detailed areas, there may be simplifications to preserve the readability of the map.
2. Index contour lines are partially converted to normal contour lines for readability.
3. Pronounced animal paths are drawn as the direction of passage. See example.
4. The runnability of tracks (signature 508), which are indicated by colors, can be difficult to distinguish when the track goes through dense forest (density 2) which is the same color as the track's background color. See example.



3. Pronounced animal path

4. Path with walking speed

4. Path with running speed

5. Hunting towers are not shown on the map as they can potentially be moved.
6. X = Tree root minimum 2 meters high
7. X = Play equipment

The map is approved by a DOF map consultant with DOF's quality mark and printed on pretex paper by a printing house who is certified by IOF.

The map is printed at Grafisk Forum on water resistant paper.

Copies of the map will be found in start box 3, where changes in the forest after printing will be indicated.

Previous maps of the race area can be found on the event website. It is not allowed to bring these maps to the arena on the day (neither digitally nor in printed).

**Prohibited areas**

Prohibited areas are marked on the map with purple crosshatching. Areas marked with olive-green color (symbol no. 520) are always prohibited.

**Terrain**

Vester Torup is a dune plantation with pine, spruce and, to a limited extent, hardwood vegetation. The terrain contains many fascinating contour details in varying forest densities. Well-developed road network. The network of paths varies from well developed to diffuse.

**Separate control descriptions**

Will be available at start.

Size of control descriptions:

H21 (MEN): 20.0 x 5,3 cm (5 mm)

D21 (WOMEN): 16.5 x 5,3 cm (5 mm)

Control descriptions are also printed on the map.

**Chest numbers**

Must be worn on the chest. They are available at start.

**First start**

10.00

**Start lists**

Start lists can be found in Eventor: [IOF Eventor - Event information: DM Lang \(orienteering.org\)](https://www.iof-eventor.org/) and on the event website.

Start lists will be published minimum 48 hours before the first start.

**Start procedure:**

All WRE participants in D21 (WOMEN) and H21 (MEN) start at Start 1.

Pre-check of Emit tag/runner name/number takes place from a separate tent on the way to the start.

From here there is a marked route with blue/red markings through the forest towards the starting points must be followed.

Box 1: 4 minutes before the start

Start staff check that runners show up correctly according to the start list. Only runners have access to the starting boxes.

Box 2: 3 minutes before the start

Separate control descriptions are offered to runners who bring along dedicated holders.

Box 3: 2 minutes before the start

A blank map is placed in the box.

Box 4: 1 minute before the start

All other runners go to the map box for their own class. On the back side of the map the class is printed. The map is taken from the map box and folded

without looking at the front side with the map.

Next, proceed to the start unit.

The emit tag is placed in the start unit 5 seconds before the published starting time. At the starting time the Emit tag is lifted from the start unit.

It is the responsibility of the runner to clear the Emit tag.

Runners starting too late must contact the start staff, who will be helpful with the start process.

Lost Emit tags will be charged DKK 600.

**Hidden start** There is not a hidden start point.

**Finish** The Emit tag must be punched at the finish line. Then the map must be put in a plastic bag. Next proceed to read-out. Finally deliver back the Emit tag.

The maps can afterwards be picked up at the finish area when the last runner of the entire event has started. This is announced by the speaker around 12.30 p.m.

**Not completed courses/runners**

All runners that do not complete the courses must get the Emit tag registered at the finish line and deliver back the Emit tag.

**Extra clothes** There will be no transport of extra clothes from start to event venue.

**Complains** Any complaints/protests shall be submitted as specified in DOF's regulations §4.1 – 4.7.

**Max. time** Maximum time is 3 hours for all classes.

**Refreshments** There is refreshment (water) served at a table at controls in the forest. See number of refreshment controls under Courses above.

**Prizes** No. 1 in D21 (WOMEN) and H21 (MEN) receives DIF's championship medal.  
No. 2 and 3 in these classes receive DOF's championship medals.

Medals are only awarded to persons who on the day of the event are members of a Danish club and is a Danish citizen or registered as a citizen in Denmark.

The award ceremony at the arena is expected at approximately 14.15. Time is announced by the speaker.

**Results** Results are displayed on the scoreboard at the arena, and to the extent possible online results will be available at <https://liveresultat.orientering.se/followfull.php?comp=31066&lang=en>

After the event the results will be available at the event homepage.

O-track will open when all runners have started.

**Jury** The chairman of the jury is Keld Gade, Viborg OK. In addition, the jury consists of:  
Britt Hermanrud, Silkeborg OK

Toke Seir, OK Gorm  
Annika Simonsen, FIF Hillerød.

**Event directors** Ole Nielsen, Aalborg OK, phone: +45 3067 3737  
John Dalsgaard Sørensen, Aalborg OK, phone: +45 2077 5805  
E-mail: [dm2024@aalborgorienteringsklub.dk](mailto:dm2024@aalborgorienteringsklub.dk)

**Course setting** Claus Bobach and Morten Schou, Aalborg OK

**Course controller** Helge Poulsen, Mariager Fjord OK

**Mapper** Erik Flarup, Ulrik Staugaard, Morten Kjær and Steffen Alm

**Map Consultant** Steen Frandsen

**Event Controller,  
IOF Event Advisor,  
Chairman of the jury** Keld Gade, Viborg OK