

Resultatliste

DM Lang 2024 V Thorup

15-09-2024

Placering	Navn	Klub	Distrikt	Tid	Efter	Km tid
D/H90 2,2 KM						
DSQ	Kurt Dose	Køge OK		1:44:13		DSQ Missed 087
Sum	1	Tilmeldte 2	Startende: 1	Ant poster 9		
D10 3,525 KM						
1	Viktoria Sharpe á Argjahøvda	OK Sorø		20:15		05:44
2	Thora Toft Møller Mikkelsen	Horsens OK		22:55	02:40	06:30
3	Emma Oscar Søes	Silkeborg OK		37:02	16:47	10:30
4	Mynthe Konring Larsen	FIF Hillerød		56:54	36:39	16:08
DSQ	Karen Andersen	Silkeborg OK		33:03		DSQ Missed 164
DSQ	Aya Kornvig Knudsen	Silkeborg OK		53:58		DSQ250 for 131
Sum	6	Tilmeldte 6	Startende: 6	Ant poster 14		Premiær: 3
D12 3,6 KM						
1	Nynne Mølgaard Nielsen	Odense OK		20:16		05:37
2	Alberte Lindorf	OK Snab		23:04	02:48	06:24
3	Clara R. Christensen	Silkeborg OK		26:26	06:10	07:20
4	Vega Deiborg	FIF Hillerød		26:28	06:12	07:21
5	Ellen Andersen	Silkeborg OK		27:48	07:32	07:43
6	Artisha Wongdee Lind	Ballerup OK		28:02	07:46	07:47
7	Annika Kalle Pedersen	Holbæk OK		28:27	08:11	07:54
8	Lærke Skammelsen Gilleladen	OK Pan		31:11	10:55	08:39
9	Marie K. Brigsted	FIF Hillerød		35:25	15:09	09:50
10	Freja Kjeldgaard	Holbæk OK		35:50	15:34	09:57
Sum	10	Tilmeldte 10	Startende: 10	Ant poster 12		Premiær: 3
D14 3,825 KM						
1	Kille Beuchert Jensen	OK Pan		41:46		10:55
2	Hanna Bæk Christiansen	Søllerød OK		43:14	01:28	11:18
3	Astrid Lykke Nielsen	Horsens OK		44:36	02:50	11:39
4	Kaya Funder Skovlyst	FIF Hillerød		45:52	04:06	11:59
5	Frida Lovisa Palmfeldt	OK Pan		49:53	08:07	13:02
6	Ida Nygaard Monrad	FIF Hillerød		49:58	08:12	13:03
7	Anna K. Brigsted	FIF Hillerød		51:10	09:24	13:22
8	Isabella Gottfred-Iversen	Odense OK		52:14	10:28	13:39
9	Dagmar Marager	Allerød OK		1:01:32	19:46	16:05
10	Ida Marie Sigvardt	Odense OK		1:02:05	20:19	16:13
11	Silke Konring Larsen	FIF Hillerød		1:11:33	29:47	18:42
12	Alberte Lynggaard Seir	OK GORM		1:14:34	32:48	19:29
13	Freja Toft Møller Mikkelsen	Horsens OK		1:19:58	38:12	20:54
14	Augusta Orry Bachhausen	FIF Hillerød		2:01:29	1:19:43	31:45
15	Sophia Fischer Harloff-	Søllerød OK		3:19:01	2:37:15	52:01
DSQ	Asta Kaltoft	OK Pan		1:30:51		DSQ Missed 173
DSQ	Lisa Holzknecht Hrafnkelsdóttir	Søllerød OK		1:37:40		DSQ250 for 059
Sum	17	Tilmeldte 18	Startende: 17	Ant poster 14		Premiær: 3
D16 4,425 KM						
1	Krista Lervad Lundø	Horsens OK		1:04:30		14:34
2	Astrid Faber Fenger-Grøn	Silkeborg OK		1:04:50	00:20	14:39
3	Anna Kaldahl Hornbæk	OK Pan		1:14:13	09:43	16:46
4	Amalie Engelund Broman	Allerød OK		1:14:52	10:22	16:55
5	Katharina Rokkjær Andreassen	OK Pan		1:18:55	14:25	17:50
6	Emma Nygaard Monrad	FIF Hillerød		1:22:54	18:24	18:44

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Placering	Navn	Klub	Distrikt	Tid	Efter	Km tid
D16		4,425 KM				
7	Siv Kusk Berglund	OK Pan		1:32:40	28:10	20:56
8	Olivia Olesen Hinge	OK Pan		1:35:10	30:40	21:30
9	Katrine Halkjær Dupont	OK Pan		1:39:51	35:21	22:33
10	Freja Gudme-Knudsen	OK73		2:14:33	1:10:03	30:24
11	Norah Leivsgard Christensen	Søllerød OK		2:30:33	1:26:03	34:01
DSQ	Ragnhild Øhlenschläger	Silkeborg OK		1:32:22		DSQ Missed 151
DSQ	Lærke Konring Larsen	FIF Hillerød		1:53:14		DSQ Missed 123
Sum	13	Tilmeldte 13	Startende: 13	Ant poster 16		Premiær: 3
D18		6,3 KM				
1	Frida Kärner Grooss	Allerød OK		1:14:57		11:53
2	Rachel Baker	Farum OK		1:16:30	01:33	12:08
3	Signe Møller Skaug	OK Pan		1:21:06	06:09	12:52
4	Laura Kaldahl Hornbæk	OK Pan		1:33:32	18:35	14:50
5	Ingrid Due Nygaard	Søllerød OK		1:39:03	24:06	15:43
6	Sofie Halkjær Dupont	OK Pan		1:53:35	38:38	18:01
7	Sigrid Øhlenschläger Nielsen	Silkeborg OK		1:56:10	41:13	18:26
8	Mathilde Bobach	RSOK		2:37:13	1:22:16	24:57
Sum	8	Tilmeldte 10	Startende: 8	Ant poster 19		Premiær: 3
D20		6,3 KM				
1	Sigrid Høyer Staugaard	FIF Hillerød		1:16:58		12:13
2	Hedda Kärner Grooss	Allerød OK		1:23:36	06:38	13:16
3	Laura Bobach	OK Pan		1:29:50	12:52	14:15
4	Amalie Ertmann	Allerød OK		1:35:53	18:55	15:13
5	Emilie Bæk Christiansen	Søllerød OK		1:43:50	26:52	16:28
Sum	5	Tilmeldte 7	Startende: 5	Ant poster 19		Premiær: 3
D21		9,975 KM				
1	Agnes Noergaard Kracht	Tisvilde Hegn OK		1:21:58		08:13
2	Miri Thrane Oedum	OK Oest Birkerød		1:25:55	03:57	08:36
3	Elin Carlsson	Tisvilde Hegn OK		1:28:53	06:55	08:54
4	Malin Agervig Kristiansson	OK Snab		1:28:56	06:58	08:54
5	Ida Oebro	Tisvilde Hegn OK		1:29:46	07:48	08:59
6	Lotte Jauhojarvi Markussen	OK Pan Aarhus		1:31:25	09:27	09:09
7	Eva Ornhagen Joergensen	OK Snab		1:32:37	10:39	09:17
8	Line Cederberg	Tisvilde Hegn OK		1:34:13	12:15	09:26
9	Ida Schwartz Bobach	OK Pan		1:34:41	12:43	09:29
10	Annika Simonsen	FIF Hilleroed Orientering		1:38:23	16:25	09:51
11	Emma Klingenberg	Silkeborg OK		1:39:21	17:23	09:57
12	Amanda Falck Weber	Tisvilde Hegn OK		1:40:38	18:40	10:05
13	Alberte Kaae Nielsen	Søllerød OK		1:42:56	20:58	10:19
14	Zenia Mogensen	Silkeborg OK		1:43:48	21:50	10:24
15	Iben Valery	Tisvilde Hegn OK		1:44:32	22:34	10:28
16	Sara Lysemose	Silkeborg OK		1:58:28	36:30	11:52
17	Astrid Hougaard	Aarhus 1900		2:16:45	54:47	13:42
18	Maria Bo Koelbaek	Aarhus 1900		4:07:19	2:45:21	24:47
DSQ	Veselina Zhelyazkova	Odense		1:11:56		DSQ250 for 051
DSQ	Hedvig Valbjorn Gydesen	OK Melfar		1:16:05		DSQ
DSQ	Hedda Raadal Bjoerlo	Halden SK		1:34:59		DSQ100 for 191
Sum	21	Tilmeldte 24	Startende: 21	Ant poster 25		Premiær: 3

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Placering	Navn	Klub	Distrikt	Tid	Efter	Km tid
D35		5,6 KM				
1	Line Frese Søderlund	Farum OK		1:19:51		14:15
2	Inge Skovgaard Jakobsen	OK Snab		1:39:27	19:36	17:45
Sum	2	Tilmeldte 2	Startende: 2	Ant poster 18		
D40		5,275 KM				
1	Signe Søes	Silkeborg OK		53:35		10:09
2	Erin Nielsen	THOK		1:01:01	07:26	11:34
3	Gry R Christensen	Silkeborg OK		1:02:14	08:39	11:47
4	Rie Stenhøj Baun McGrail	Silkeborg OK		1:05:20	11:45	12:23
5	Karina Boen Skouenborg	OK Snab		1:09:23	15:48	13:09
6	Astrid Riis	Holbæk OK		1:24:21	30:46	15:59
7	Hanne Borup Fredberg	Silkeborg OK		1:43:47	50:12	19:40
8	Aline Harmand	Søllerød OK		1:45:42	52:07	20:02
9	Lise Ravnshøj Andersen	Herlufsholm OK		1:48:29	54:54	20:33
DSQ	Rikke Kornvig	Silkeborg OK		1:26:35		DSQ100 for 157
Sum	10	Tilmeldte 10	Startende: 10	Ant poster 16		Premiær: 3
D45		4,775 KM				
1	Dorthe Skovlyst	FIF Hillerød		1:13:53		15:28
2	Anne Konring Larsen	FIF Hillerød		1:14:18	00:25	15:33
3	Merete Nørgaard	Allerød OK		1:21:19	07:26	17:01
4	Irina Kupriyanova	Farum OK		1:31:05	17:12	19:04
5	Pernille Buch	OK GORM		1:47:20	33:27	22:28
6	Anne Mølgaard Nielsen	Odense OK		1:55:06	41:13	24:06
7	Henriette Broman	Allerød OK		2:24:12	1:10:19	30:11
8	Bettina Toft Møller Mikkelsen	Horsens OK		2:35:29	1:21:36	32:33
DSQ	Stinne Skammelsen	OK Pan		1:13:33		DSQ
DSQ	Louise Bierkampf Gjørup	OK Snab		1:45:25		DSQ Missed 177
DSQ	Diana Cederberg	Ballerup OK		1:54:31		DSQ100 for 073
DSQ	Mette Marie Lungholt	Odense OK		2:08:28		DSQ100 for 073
Sum	12	Tilmeldte 12	Startende: 12	Ant poster 17		Premiær: 3
D50		4,425 KM				
1	Maria M. Høyer Staugaard	FIF Hillerød		1:01:13		13:50
2	Rikke Holm	Horsens OK		1:04:35	03:22	14:35
3	Tenna L. Nørgaard	THOK		1:09:40	08:27	15:44
4	Heidi Hinge Krogsgaard	Silkeborg OK		1:12:33	11:20	16:23
5	Jette Klogborg	OK H.T.F.		1:12:44	11:31	16:26
6	Anne Møller Skaug	OK Pan		1:21:00	19:47	18:18
7	Irene K. Mikkelsen	Horsens OK		1:26:25	25:12	19:31
8	Camilla Dalgaard	Kolding OK		1:27:22	26:09	19:44
9	Lone Fyhn Olesen	Odense OK		1:32:15	31:02	20:50
10	Mette Møller Nielsen	AKIF		1:33:52	32:39	21:12
11	Gitte R. Christoffersen	Svendborg OK		1:36:28	35:15	21:48
12	Jane Ejby	Odense OK		1:38:29	37:16	22:15
13	Tine Alkjær	FIF Hillerød		1:39:25	38:12	22:28
14	Heidi L. Holmberg	FIF Hillerød		1:51:12	49:59	25:07
15	Rikke Brandt Jespersen	Odense OK		1:58:01	56:48	26:40
16	Mette Ellegaard Kokholm	Horsens OK		2:08:47	1:07:34	29:06
17	Susanne Loft Thyssen	Horsens OK		2:11:00	1:09:47	29:36
DSQ	Angélique Grønberg	Allerød OK		1:22:21		DSQ Missed 123
DSQ	Janni Fischer	Allerød OK		1:48:54		DSQ Missed 123
DSQ	Malene Kaysen Thomsen	OK Snab		2:06:47		DSQ Missed 138
Sum	20	Tilmeldte 20	Startende: 20	Ant poster 16		Premiær: 3

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Placering	Navn	Klub	Distrikt	Tid	Efter	Km tid
D55		4,1 KM				
1	Marianne Lynge Krogh	Kolding OK		57:04		13:55
2	Ulrika Örnhagen Jørgensen	OK Snab		1:01:16	04:12	14:56
3	Susanne Højholt	Kolding OK		1:06:49	09:45	16:17
4	Mette Edsen	Nordvest OK		1:08:29	11:25	16:42
5	Maria Douglas	FIF Hillerød		1:08:59	11:55	16:49
6	Anette Bagger Sørensen	Silkeborg OK		1:15:00	17:56	18:17
7	Bodil Karlsmose Kliem	Farum OK		1:18:00	20:56	19:01
8	Iben Maag	Søllerød OK		1:21:18	24:14	19:49
9	Lise Djurhuus Ipsen	Farum OK		1:26:13	29:09	21:01
10	Dorte Torpe Hansen	Farum OK		1:29:28	32:24	21:49
11	Anne Kaae-Nielsen	Søllerød OK		1:32:04	35:00	22:27
12	Bente Kjær Hemmingsen	FIF Hillerød		1:36:14	39:10	23:28
13	Katalin Bolko Kongstad	Odense OK		1:40:13	43:09	24:26
14	Anette Pind	Silkeborg OK		1:40:23	43:19	24:29
15	Marianne Kirkegaard	THOK		1:56:38	59:34	28:26
16	Kirsten Møller	Søllerød OK		2:03:36	1:06:32	30:08
17	Fiona Becker	Søllerød OK		2:42:38	1:45:34	39:40
Sum	17	Tilmeldte 19	Startende: 17	Ant poster 15		Premiær: 3

D60		3,825 KM				
1	Birgitte Erskov Halland	OK ØST Birkerød		1:06:45		17:27
2	Lucia Aagaard	Herning OK		1:07:08	00:23	17:33
3	Ann-Vibeke Mose	Vestjysk		1:08:22	01:37	17:52
4	Guri Alm	OK H.T.F.		1:09:41	02:56	18:13
5	Anneli Sandbæk	OK Pan		1:16:07	09:22	19:53
6	Hanne Staugaard	Kolding OK		1:17:32	10:47	20:16
7	Søs Munch Hansen	OK Sorø		1:17:58	11:13	20:23
8	Britta Ank Pedersen	Horsens OK		1:18:47	12:02	20:35
9	Anette Holm	Farum OK		1:24:04	17:19	21:58
10	Charlotte Bergmann	Allerød OK		1:27:39	20:54	22:54
11	Inger Lise Simonsen	Silkeborg OK		1:28:54	22:09	23:14
12	Siri Klausen	Ballerup OK		1:32:34	25:49	24:12
13	Lotte Friberg	FIF Hillerød		1:45:19	38:34	27:32
14	Anne Skovbæk	Søllerød OK		1:46:42	39:57	27:53
15	Inga Jager	Silkeborg OK		1:50:59	44:14	29:00
16	Tine Meyhoff Petersen	Herlufsholm OK		1:51:18	44:33	29:05
17	Bettina Gjedde	Mariager Fjord OK		1:55:45	49:00	30:15
18	Susanne Høiberg	Silkeborg OK		1:56:20	49:35	30:24
19	Anne Mette Abplanalp	Kolding OK		2:03:10	56:25	32:12
20	Lone Karlsmose Gamble	Farum OK		2:07:37	1:00:52	33:21
DSQ	Anne Maarup	Allerød OK		30:40		DSQ250 for 165
DSQ	Ragnhild Hald	Bastholmen OK		1:07:10		DSQ Missed 177
DSQ	Kate Nielsen	OK Snab		1:11:49		DSQ Missed 136
DSQ	Annette Bonde	Ballerup OK		1:20:12		DSQ Missed 177
DSQ	Anette Binder Larsen	Holbæk OK		2:28:18		DSQ Missed 177
Sum	25	Tilmeldte 25	Startende: 25	Ant poster 12		Premiær: 3

D65		3,6 KM				
1	Mette Filskov	OK Sorø		58:32		16:15
2	Mona L. Rasmussen	OK H.T.F.		1:08:39	10:07	19:04
3	Lene Jensen	Helsingør SOK		1:11:26	12:54	19:50
4	Ingrid Johannsen	Silkeborg OK		1:13:07	14:35	20:18
5	Pia Kadziola	Maribo OK		1:15:03	16:31	20:50
6	Hanne Birke	Kolding OK		1:15:28	16:56	20:57
7	Gitte Isen	Herning OK		1:15:37	17:05	21:00

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Placering	Navn	Klub	Distrikt	Tid	Efter	Km tid
D65		3,6 KM				
8	Inge Price Jensen	Odense OK		1:15:57	17:25	21:05
9	Britt Hermanrud	Silkeborg OK		1:22:15	23:43	22:50
10	Pia Hejlskov Mogensen	Mariager Fjord OK		1:23:47	25:15	23:16
10	Charlotte Grauert	Ballerup OK		1:23:47	25:15	23:16
12	Vivi Andreassen	Kolding OK		1:25:40	27:08	23:47
13	Birgitte Birck	Allerød OK		1:30:37	32:05	25:10
14	Birgitte Halle	1900 Orientering		1:38:53	40:21	27:28
15	Hanne Møller Andersen	OK Pan		1:40:47	42:15	27:59
16	Tove Jakobsen	Silkeborg OK		1:41:04	42:32	28:04
17	Lone Dybdal	1900 Orientering		1:41:31	42:59	28:11
18	Eva Konring Olesen	FIF Hillerød		1:42:06	43:34	28:21
19	Bodil Schulz	Herning OK		1:45:10	46:38	29:12
20	Helle Schou	OK Snab		1:46:23	47:51	29:33
21	Tine Demandt	OK Sorø		1:56:29	57:57	32:21
22	Bente Pedersen	OK Esbjerg		1:58:28	59:56	32:54
DSQ	Mette Seir Hansen	Helsingør SOK		1:02:15		DSQ100 for 191
DSQ	Susanne Baun	Horsens OK		1:13:30		DSQ100 for 166
DSQ	Hanne Ljungberg	OK Syd		2:15:40		DSQ100 for 083
DSQ	Jette Kreiberg	OKR		2:26:12		DSQ100 for 123
Sum	26	Tilmeldte 26	Startende: 26	Ant poster 12		Premiær: 3

D70		3,35 KM				
1	Elizabeth Borchorst	RSOK		1:03:15		18:52
2	Annlou Husen	Farum OK		1:03:21	00:06	18:54
3	Randi Hansen	OK S.G.		1:08:31	05:16	20:27
4	Lisbeth Damsgaard	Søllerød OK		1:14:43	11:28	22:18
5	Janet Bentzen	OK ØST Birkerød		1:16:08	12:53	22:43
6	Susanne Gasbjerg	Silkeborg OK		1:27:19	24:04	26:03
7	Pia Gade	Viborg OK		1:31:33	28:18	27:19
8	Merete Ravnshøj Andersen	Herlufsholm OK		1:38:29	35:14	29:23
9	Hanne H. Poulsen	Mariager Fjord OK		1:45:52	42:37	31:36
10	Nelly Skammelsen	Silkeborg OK		1:53:08	49:53	33:46
11	Birgit Rasmussen	1900 Orientering		1:57:00	53:45	34:55
12	Betty Folino	FIF Hillerød		1:57:35	54:20	35:05
13	Anni Jensen	Herning OK		1:58:57	55:42	35:30
Sum	13	Tilmeldte 15	Startende: 13	Ant poster 12		Premiær: 3

D75		3,2 KM				
1	Mona Nørgaard	OK Pan		51:43		16:09
2	Jane Thode Jensen	Nordvest OK		56:20	04:37	17:36
3	Inge Jørgensen	OKR		57:50	06:07	18:04
4	Inger Marie Haahr	OK H.T.F.		1:00:12	08:29	18:48
5	Ulla Hooge	OK ØST Birkerød		1:04:23	12:40	20:07
6	Elin Holm Jensen	Horsens OK		1:18:57	27:14	24:40
7	Else Hass	OK Pan		1:20:50	29:07	25:15
8	Lotte Hjort	Faaborg OK		1:22:52	31:09	25:53
9	Jette Stepputat	Søllerød OK		1:46:43	55:00	33:20
DSQ	Lisbet Nielsen	OK Vendelboerne		09:07		DSQ
DSQ	Jette Bachhausen	FIF Hillerød		1:43:39		DSQ Missed 060
Sum	11	Tilmeldte 13	Startende: 11	Ant poster 14		Premiær: 3

D80		2,35 KM				
1	Annelise Hansen	FIF Hillerød		1:07:05		28:32

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D80 2,35 KM						
2	Marianne Lykking	OK73		1:08:26	01:21	29:07
3	Aase Thyssen	Horsens OK		1:20:00	12:55	34:02
4	Randi Splittorff	Svendborg OK		1:22:15	15:10	35:00
DSQ	Kirsten Olsen	Søllerød OK		1:14:11		DSQ Missed 063
Sum	5	Tilmeldte 5	Startende: 5	Ant poster 10		Premiær: 3
H10 3,525 KM						
1	Esben Christensen	Silkeborg OK		19:45		05:36
2	Malte Leander Palmfeldt	OK Pan		23:35	03:50	06:41
3	Oskar Skajaa	OK Pan		23:57	04:12	06:47
4	Sander Popp Bobach	Aalborg OK		27:19	07:34	07:44
5	Bjørn Vang Bobach	Aalborg OK		27:47	08:02	07:52
6	Malthe Christiansen	Søllerød OK		29:10	09:25	08:16
7	Oskar Kjeldgaard	Holbæk OK		31:54	12:09	09:02
8	Daniel K. Brigsted	FIF Hillerød		38:06	18:21	10:48
9	Erik Norman Dandanell	Søllerød OK		40:46	21:01	11:33
DSQ	Kirk Beuchert Jensen	OK Pan		24:45		DSQ Missed 155
Sum	10	Tilmeldte 11	Startende: 10	Ant poster 14		Premiær: 3
H12 4,025 KM						
1	Max-Emil Kupriyanov Hviid	Farum OK		24:58		06:12
2	Emil Skouenborg	OK Snab		26:33	01:35	06:35
3	Magnus Oscar Søes	Silkeborg OK		26:37	01:39	06:36
4	Oskar Gjørup Larsen	OK Snab		27:20	02:22	06:47
5	Arn Franck	OK Snab		28:38	03:40	07:06
6	Robert Lervad Lundø	Horsens OK		29:12	04:14	07:15
7	Malthe Dalgaard Kristensen	Ballerup OK		29:54	04:56	07:25
8	Adrian Kuprianov Hviid	Farum OK		32:39	07:41	08:06
9	Magne Halvor Obel	OK Pan		37:50	12:52	09:23
10	Sigurd Nielsen	THOK		51:47	26:49	12:51
DSQ	Mikkel Popp Bobach	Aalborg OK		57:49		DSQ Missed 048
Sum	11	Tilmeldte 11	Startende: 11	Ant poster 13		Premiær: 3
H14 4,675 KM						
1	Mathias Reiche Sørensen	OK Vendelboerne		38:15		08:10
2	Esben Johan Obel	OK Pan		50:22	12:07	10:46
3	Vilhelm Rokkjær Andreasen	OK Pan		50:40	12:25	10:50
4	Noah Aarnio	OK Vendelboerne		55:12	16:57	11:48
5	Emil Lindahl	OK Melfar		56:38	18:23	12:06
6	Storm Schmidt Tofterup	OK Melfar		58:25	20:10	12:29
7	Samuel Næstoft Tabanera	Søllerød OK		1:00:33	22:18	12:57
8	Liam Sharpe á Argjahøvda	OK Sorø		1:05:36	27:21	14:01
9	Rasmus Dalgaard	Kolding OK		1:07:30	29:15	14:26
10	Lasse Kalle Pedersen	Holbæk OK		1:23:01	44:46	17:45
Sum	10	Tilmeldte 11	Startende: 10	Ant poster 16		Premiær: 3
H16 6,3 KM						
1	Mattias Klostergaard Rokkjær	Silkeborg OK		1:04:24		10:13
2	Anders Sigvardt	Odense OK		1:11:29	07:05	11:20
3	Anton Kupriyanov Hviid	Farum OK		1:12:10	07:46	11:27
4	Eskild Stig Nielsen	Horsens OK		1:12:59	08:35	11:35
5	Lukas Bergmann Verhelst	Horsens OK		1:17:43	13:19	12:20

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H16		6,3 KM				
6	Rune Cederberg	Ballerup OK		1:19:15	14:51	12:34
7	Johan Dalgaard	Kolding OK		1:19:28	15:04	12:36
8	Emil Borup Fredberg	Silkeborg OK		1:19:41	15:17	12:38
9	Sebastian Gotfred-Iversen	Odense OK		1:25:32	21:08	13:34
10	Magnus Mølgaard Nielsen	Odense OK		1:31:21	26:57	14:30
11	Tore Emil Maarup	Allerød OK		1:37:43	33:19	15:30
12	Henrik Kärner Grooss	Allerød OK		2:01:48	57:24	19:20
13	Birk Bonde Langelund	Silkeborg OK		2:02:15	57:51	19:24
14	Malthe Malik Svinth Kongsgaard	OK Snab		2:14:41	1:10:17	21:22
DSQ	Emil Dalgaard	Kolding OK		1:28:45		DSQ Missed 169
DSQ	Marin Philibert	Søllerød OK		1:32:19		DSQ Missed 159
DSQ	Casper Eckmann Aronsen	Silkeborg OK		1:44:05		DSQ Missed 158
DSQ	William Stenhøj Baun McGrail	Silkeborg OK		1:54:49		DSQ Missed 112
Sum	18	Tilmeldte 18	Startende: 18	Ant poster 19		Premiær: 3

H18		10,075 KM				
1	Erik Grønborg Nielsen	Allerød OK		1:24:30		08:23
2	Mads Christian Maarup	Allerød OK		1:27:13	02:43	08:39
3	Asbjørn Faber Fenger-Grøn	Silkeborg OK		1:27:39	03:09	08:41
4	Oscar Bæk Christiansen	Søllerød OK		1:33:50	09:20	09:18
5	Christoffer Vang Bobach	Aalborg OK		1:38:30	14:00	09:46
6	Niels Elton Jokumsen	FIF Hillerød		1:39:54	15:24	09:54
7	Nathan Philibert	Søllerød OK		1:41:36	17:06	10:05
8	Johannes Marager	Allerød OK		1:45:45	21:15	10:29
9	Jonas Aadal Wihan	Fyns PI		2:07:21	42:51	12:38
10	Magnus Lindahl	OK Melfar		2:10:35	46:05	12:57
11	Jonas Monrad Brodersen	Kolding OK		2:16:40	52:10	13:33
12	Vincent Becker	Søllerød OK		2:42:46	1:18:16	16:09
DSQ	Axel Örnhagen Jørgensen	OK Snab		1:25:29		DSQ Missed 112
DSQ	Hjalmer Emil Obel	OK Pan		1:43:20		DSQ100 for 043
DSQ	Philip Aarnio	OK Vendelboerne		2:25:53		DSQ100 for 172
Sum	15	Tilmeldte 16	Startende: 15	Ant poster 26		Premiær: 3

H20		10,075 KM				
1	Niels Dalgaard	Kolding OK		1:22:47		08:13
2	Casper Staehelin Blakskjær	OK Pan		1:27:40	04:53	08:42
3	Tobias Olloz	THOK		1:38:16	15:29	09:45
4	Gustav L. Holmberg	FIF Hillerød		1:59:07	36:20	11:49
5	Sebastian Røysland Maltby	Søllerød OK		1:59:31	36:44	11:51
Sum	5	Tilmeldte 5	Startende: 5	Ant poster 26		Premiær: 3

H21		14,725 KM				
1	Soren Thrane Odum	OK Oest Birkerøed		1:49:08		07:24
2	Linus Agervig Kristiansson	OK Snab		1:56:35	07:27	07:55
3	Jacob Steinthal	FIF Hilleroed Orientering		2:01:38	12:30	08:15
4	Lasse Falck Weber	Tisvilde Hegn OK		2:01:46	12:38	08:16
5	Jonas Gabs	OK Melfar		2:02:00	12:52	08:17
6	Laurits Bidstrup Moller	Silkeborg OK		2:04:00	14:52	08:25
7	Soeren Schwartz	OK Pan Aarhus		2:10:31	21:23	08:51
8	Henrik Rindom Knudsen	OK Melfar		2:11:15	22:07	08:54
9	Jeppe Edvarlsen	OK Snab		2:13:39	24:31	09:04
10	Hans Groenborg Nielsen	Alleroed OK		2:14:10	25:02	09:06
11	Emil Oebro	Tisvilde Hegn OK		2:14:59	25:51	09:10

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H21		14,725 KM				
12	Asbjorn Kaltoft	OK Pan Aarhus		2:15:17	26:09	09:11
13	Clemens Oxnevad	OK Pan Aarhus		2:15:23	26:15	09:11
14	Jonas Falck Najbjerg	Tisvilde Hegn OK		2:16:40	27:32	09:16
15	Oscar David Broman Jensen	Alleroed OK		2:18:41	29:33	09:25
16	Mads Kruse Juhl	Herning OK		2:18:55	29:47	09:26
17	Oscar Sig Tranberg	OK Pan Aarhus		2:20:20	31:12	09:31
18	Theis Munktvad	Alleroed OK		2:20:36	31:28	09:32
19	Magnus Maag	Sollerod OK		2:24:36	35:28	09:49
20	Elias Hinge Krogsgaard	Silkeborg OK		2:26:47	37:39	09:58
21	Lukas Becker	Sollerod OK		2:28:17	39:09	10:04
22	Bjoern Cederberg	Tisvilde Hegn OK		2:28:49	39:41	10:06
23	Bjarke Egholm Rude	Silkeborg OK		2:41:26	52:18	10:57
24	Giacomo Schmidt Frattari	Silkeborg OK		2:41:49	52:41	10:59
25	Jens Dalgaard	Kolding OK		2:44:17	55:09	11:09
26	Eskil Schoening	OK Pan Aarhus		2:44:52	55:44	11:11
27	Oscar Paustian	OK Melfar		2:45:35	56:27	11:14
28	Mikkel Sorensen	OK Melfar		2:46:59	57:51	11:20
29	Soren Skaug	OK Pan Aarhus		2:53:21	1:04:13	11:46
30	Nikolaj Bjoern	Tisvilde Hegn OK		3:01:43	1:12:35	12:20
31	Kristoffer Sloth	OK Pan Aarhus		3:04:19	1:15:11	12:31
32	Soren Eg Staugaard	Kolding OK		3:04:41	1:15:33	12:32
33	Thomas Emil Jensen	Horsens OK		3:35:52	1:46:44	14:39
34	Mads Ellegaard Juhl	OK HTF Haderslev		3:49:28	2:00:20	15:35
35	Thorbjorn Laursen	Horsens OK		4:43:13	2:54:05	19:14
DSQ	Stefan Frands Petersen	OK Pan Aarhus		1:02:12		DSQ Missed 150
DSQ	Marius Thrane Oedum	OK Oest Birkerood		1:19:44		DSQ250 for 072
DSQ	Simon Thrane Hansen	Sollerod OK		1:51:49		DSQ Missed 051
DSQ	Mathias Buchgreitz	Sollerod OK		2:16:05		DSQ100 for 038
DSQ	Peter Hedemann	Karup OK		2:38:10		DSQ Missed 134
DSQ	Frederik Erskov Krogh	OK Oest Birkerood		3:33:11		DSQ Missed 134
DSQ	Sotaro Sasaki	UTokyo OLK		3:33:28		DSQ100 for 038 Startet sent 10:26:4
DSQ	Holger Vangsbjerg Petersen	OK GORM		4:23:30		DSQ Missed 192 Startet sent 13:43:0
Sum	43	Tilmeldte 47	Startende: 43	Ant poster 33		Premiær: 3
H35		9,4 KM				
1	Tue Lassen	Silkeborg OK		1:12:32		07:42
2	Emil Folino	FIF Hillerød		1:14:46	02:14	07:57
3	Rasmus Djurhuus	OK Pan		1:19:07	06:35	08:25
4	Jeppe Ruud	OK Pan		1:28:10	15:38	09:22
5	Jonas Lindorf	OK Snab		2:13:27	1:00:55	14:11
6	Lars Sharpe á Argjahøvda	OK Sorø		2:36:09	1:23:37	16:36
DSQ	Jonas Munthe	Bastholmen OK		1:22:26		DSQ Missed 051
Sum	7	Tilmeldte 7	Startende: 7	Ant poster 24		Premiær: 3
H40		8,675 KM				
1	Troels Christiansen	Søllerød OK		1:22:48		09:32
2	Christian Christensen	Silkeborg OK		1:23:44	00:56	09:39
3	Thomas Skouenborg	OK Snab		1:27:36	04:48	10:05
4	Bjarne Skovgaard Knudsen	Faaborg OK		1:30:21	07:33	10:24
5	Ulrik Nielsen	Søllerød OK		1:30:26	07:38	10:25
6	Bjarke Refslund	OK Pan		1:38:20	15:32	11:20
7	Jonathan Borup Jacobsen	OK Pan		1:40:18	17:30	11:33
8	Erik Skovgaard Knudsen	Silkeborg OK		1:42:35	19:47	11:49
9	Rasmus Oscar	Silkeborg OK		1:49:47	26:59	12:39
10	Kristian Deiborg	FIF Hillerød		1:54:17	31:29	13:10

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H40		8,675 KM				
11	Simon Philibert	Søllerød OK		1:56:59	34:11	13:29
12	Laust Sørensen	Ok Löftan		1:59:45	36:57	13:48
13	Toke Seir	OK GORM		2:02:38	39:50	14:08
14	Anders Byrdal	Viborg OK		2:58:42	1:35:54	20:35
DSQ	Sune Dandanell	Søllerød OK		49:36		DSQ Missed 184
DSQ	Allan Reiche	OK Vendelboerne		1:24:02		DSQ100 for 145
Sum	16	Tilmeldte 16	Startende: 16	Ant poster 20		Premiær: 3

H45		7,725 KM				
1	Rune Nygaard Monrad	FIF Hillerød		1:08:50		08:54
2	Patrick McGrail	Silkeborg OK		1:20:54	12:04	10:28
3	Troels Nielsen	Horsens OK		1:23:28	14:38	10:48
4	Kenneth Buch	OK GORM		1:24:48	15:58	10:58
5	Asger Habekost Nielsen	Allerød OK		1:36:45	27:55	12:31
6	Mads K. Larsen	FIF Hillerød		1:40:41	31:51	13:02
7	Anders Dalgaard	Kolding OK		1:45:44	36:54	13:41
8	Peter Wihan	Fyns PI		2:02:56	54:06	15:54
9	Sami Aarnio	OK Vendelboerne		2:07:42	58:52	16:31
10	Martin Lervad Lundø	Horsens OK		2:18:01	1:09:11	17:51
DSQ	Morten Obel	OK Pan		1:47:19		DSQ100 for 126
DSQ	Anders Gilleladen	OK Pan		2:14:54		DSQ100 for 065
DSQ	Lars Schmidt Johansen	OK Melfar		2:19:19		DSQ100 for 139
DSQ	Jens Peder Jørgensen	Herning OK		2:24:33		DSQ100 for 076
DSQ	Peter Sigvardt	Odense OK		2:29:12		DSQ Missed 112
DSQ	Filip Bergmann Verhelst	Horsens OK		2:29:35		DSQ100 for 172
Sum	16	Tilmeldte 17	Startende: 16	Ant poster 21		Premiær: 3

H50		6,9 KM				
1	Jesper David Jensen	THOK		1:15:52		10:59
2	Morten Fenger-Grøn	Silkeborg OK		1:22:43	06:51	11:59
3	Jens Liengård	OK Snab		1:33:50	17:58	13:35
4	Torben Nørgaard	Allerød OK		1:34:35	18:43	13:42
5	Thomas Fredberg	Silkeborg OK		1:35:15	19:23	13:48
6	Anders Marager	Allerød OK		1:47:41	31:49	15:36
7	Peter Becker	Søllerød OK		1:59:38	43:46	17:20
8	Morten Ploug	Ballerup OK		2:00:51	44:59	17:30
9	Lars Svinth Nielsen	OK Snab		2:01:46	45:54	17:38
10	Thomas Nielsen	Silkeborg OK		2:05:41	49:49	18:12
11	Niels-Peter Vest Nielsen	Allerød OK		2:13:12	57:20	19:18
12	Jørgen Østergaard	Mariager Fjord OK		2:31:32	1:15:40	21:57
13	David Palsgaard	Søllerød OK		2:46:03	1:30:11	24:03
DSQ	Morten Mølgaard Nielsen	Odense OK		1:24:58		DSQ250 for 123
DSQ	Anders Kjeldgaard	Holbæk OK		2:14:35		DSQ100 for 136
DSQ	Thomas Herbert Kokholm	Horsens OK		2:23:21		DSQ100 for 123
DSQ	Allan Skouboe	Horsens OK		2:26:48		DSQ100 for 169
Sum	17	Tilmeldte 19	Startende: 17	Ant poster 23		Premiær: 3

H55		6,05 KM				
1	Jens Knud Maarup	Allerød OK		55:12		09:07
2	Jakob Ødum	OK ØST Birkerød		55:47	00:35	09:13
3	Flemming Jørgensen	OK Snab		56:28	01:16	09:20
4	Kent Kragh	OK Pan		1:00:02	04:50	09:55
4	Erik Melbye	Søllerød OK		1:00:02	04:50	09:55

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H55						
6,05 KM						
6	Björn Kristiansson	OK Snab		1:00:05	04:53	09:55
7	Jan Eg Pedersen	OK ØST Birkerød		1:01:37	06:25	10:11
8	Bo Simonsen	FIF Hillerød		1:06:32	11:20	10:59
9	Tim Falck Weber	THOK		1:07:02	11:50	11:04
10	Bjarne Hoffmann	Mariager Fjord OK		1:07:14	12:02	11:06
11	Carsten Thyssen	Horsens OK		1:08:33	13:21	11:19
12	Rolf Valery	THOK		1:08:56	13:44	11:23
13	Rasmus Ødum	OK ØST Birkerød		1:09:20	14:08	11:27
14	Jesper Fenger-Grøn	OK Snab		1:10:22	15:10	11:37
15	Claus Grøn Lyngby	OK GORM		1:12:18	17:06	11:57
16	Christian Gudme-Knudsen	OK73		1:15:58	20:46	12:33
17	Jonas Persson	Silkeborg OK		1:21:16	26:04	13:25
18	Lars Klogborg	OK H.T.F.		1:23:58	28:46	13:52
19	Kristian Edsen	Nordvest OK		1:24:39	29:27	13:59
20	Magnus Oscarsson	Søllerød OK		1:26:25	31:13	14:17
21	Alex Ottesen	Ballerup OK		1:26:38	31:26	14:19
22	Tommy Iversen	Odense OK		1:26:44	31:32	14:20
23	Christian Saxe	AS Feltsport		1:29:32	34:20	14:47
24	Kell Sønnichsen	OK Pan		1:29:36	34:24	14:48
25	Dennis Øbro	THOK		1:31:14	36:02	15:04
26	Bjarne Johannsen	OK Syd		1:31:23	36:11	15:06
27	Claus Cederberg	Ballerup OK		1:31:48	36:36	15:10
28	Thomas Eriksen	FIF Hillerød		1:33:49	38:37	15:30
29	Kim Rokkjær	OK Pan		1:36:49	41:37	16:00
30	Philip Bæk Christiansen	Søllerød OK		1:38:39	43:27	16:18
31	Michael Ertmann	Allerød OK		1:40:48	45:36	16:39
32	Allan Hougaard	1900 Orientering		1:53:49	58:37	18:48
33	Lars Eeg Højholt	Kolding OK		1:55:09	59:57	19:01
34	Per Eg Pedersen	Kolding OK		1:55:24	1:00:12	19:04
35	Anders Knudsen	Herlufsholm OK		2:33:14	1:38:02	25:19
DSQ	Ulrik Illum	Søllerød OK		46:50		DSQ100 for 091
DSQ	Ole Lind	Ballerup OK		1:21:50		Missed 130 Startet sent 11:12:0
DSQ	Rasmus Møller	Randers OK		1:27:47		DSQ
DSQ	Lasse Madsen	Mariager Fjord OK		2:52:55		DSQ100 for 151
Sum	39	Tilmeldte 41	Startende: 39	Ant poster 18		Premiær: 3

H60						
5,6 KM						
1	Pablo Jensen	Farum OK		1:20:19		14:20
2	Kent Lodberg	OK Pan		1:29:44	09:25	16:01
3	Kenn Heldgaard Kristensen	Herning OK		1:31:53	11:34	16:24
4	Torben Kristensen	OK Snab		1:32:56	12:37	16:35
5	Morten Ebbensgaard	OK ØST Birkerød		1:34:18	13:59	16:50
6	Michael Graae	Søllerød OK		1:36:13	15:54	17:10
7	Jes Mose Jensen	AKIF		1:36:35	16:16	17:14
8	Carsten Lind	OK FROS		1:39:23	19:04	17:44
9	Karsten Jøhnk	OK Syd		1:43:43	23:24	18:31
10	Jesper Børsting	Herlufsholm OK		1:43:45	23:26	18:31
11	Helge Lang Pedersen	Farum OK		1:44:52	24:33	18:43
12	Ole Jensen	Mariager Fjord OK		1:48:23	28:04	19:21
13	Jens Børsting	Silkeborg OK		1:52:59	32:40	20:10
14	Jens Ozol	Silkeborg OK		1:57:16	36:57	20:56
15	Carsten Elhøj	AS Feltsport		2:05:45	45:26	22:27
16	Jan Thiesen	Holbæk OK		2:09:57	49:38	23:12
17	Frank Krog Jensen	Horsens OK		2:12:44	52:25	23:42
18	Sten Skytte Kirkegaard	THOK		2:15:00	54:41	24:06
19	Kenneth Griffiths	Odense OK		2:18:43	58:24	24:46

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H60		5,6 KM				
20	Per Bundgaard Larsen	Holbæk OK		2:20:44	1:00:25	25:07
21	Peter H Juhl	OK H.T.F.		2:44:04	1:23:45	29:17
DSQ	Jens Jørgen Hansen	Farum OK		50:22		DSQ
DSQ	Nis K. Skau	OK H.T.F.		1:06:34		DSQ
DSQ	Søren Maarup	Allerød OK		1:10:00		DSQ250 for 177
DSQ	Kim Kongstad	Odense OK		1:10:00		DSQ100 for 143
DSQ	Jens Viktor Nørgaard	FIF Hillerød		1:19:25		DSQ100 for 167
DSQ	Henrik Nielsen	Holbæk OK		1:35:21		DSQ100 for 119
DSQ	Bjørn R. Christoffersen	Svendborg OK		1:44:17		DSQ100 for 167
DSQ	Anker Møller	Silkeborg OK		1:48:53		DSQ250 for 122
DSQ	Claus Odgaard	OK73		2:02:48		DSQ100 for 064
DSQ	Jan Hauerslev	OK Pan		2:10:40		DSQ Missed 172
DSQ	Henrik Albahn	Lyngby OK		2:21:05		DSQ100 for 119
DSQ	Peter Karberg	Herlufsholm OK		2:24:00		DSQ100 for 080
DSQ	Jens Bentsen	OK ØST Birkerød		2:40:37		DSQ100 for 172
Sum	34	Tilmeldte 34	Startende: 34	Ant poster 18		Premiær: 3

H65		4,9 KM				
1	Erik Bobach	Silkeborg OK		1:05:29		13:21
2	Jon Bjørgum	Bastholmen OK		1:10:25	04:56	14:22
3	Jess Rasmussen	Viborg OK		1:10:53	05:24	14:27
4	Torkil Hansen	PI-København		1:12:39	07:10	14:49
5	Orest Kotylo	Silkeborg OK		1:15:25	09:56	15:23
6	Laus Seir Hansen	Helsingør SOK		1:24:24	18:55	17:13
7	Jørgen Pedersen	AS Feltspport		1:25:27	19:58	17:26
8	Mogens Vennevold	Vestjysk		1:26:14	20:45	17:35
9	Søren Dall	OK H.T.F.		1:26:19	20:50	17:36
10	Henning Schou	OK Snab		1:29:08	23:39	18:11
11	Lars Vedel Jørgensen	Farum OK		1:29:15	23:46	18:12
12	Per Storm Hansen	Svendborg OK		1:29:21	23:52	18:14
13	Jørgen Skaarup	Ballerup OK		1:30:38	25:09	18:29
14	Søren Peter Larsen	FIF Hillerød		1:31:21	25:52	18:38
15	Arne Bertelsen	OK H.T.F.		1:31:49	26:20	18:44
16	Arne Kristensen	Herlufsholm OK		1:38:24	32:55	20:04
17	Lars Hanghøj Petersen	Ballerup OK		1:41:39	36:10	20:44
18	Gert Rebsdorf	Mariager Fjord OK		1:44:02	38:33	21:13
19	Ole Binder	OK GORM		1:45:31	40:02	21:32
20	Troels Bent Hansen	Allerød OK		1:47:36	42:07	21:57
21	Bo Konring	Søllerød OK		1:51:41	46:12	22:47
22	Mogens Hagner	Silkeborg OK		2:00:30	55:01	24:35
23	Per Korsbæk	Mariager Fjord OK		2:00:33	55:04	24:36
24	Gregers Jørgensen	Ballerup OK		2:05:26	59:57	25:35
25	Thomas Østergaard	OK ØST Birkerød		2:14:08	1:08:39	27:22
26	Niels la Cour Bentzon	Søllerød OK		2:17:04	1:11:35	27:58
DSQ	Jan Jakobsen	OK ØST Birkerød		05:51		DSQ
DSQ	Lars T. Munch	OK Snab		25:35		DSQ
DSQ	Niels Aabye	Ballerup OK		1:26:07		DSQ
Sum	29	Tilmeldte 31	Startende: 29	Ant poster 18		Premiær: 3

H70		4,875 KM				
1	Arne Nygaard	FIF Hillerød		1:00:35		12:25
2	Knud Fjordvald	Silkeborg OK		1:09:31	08:56	14:15
3	Kjell Walter Sørensen	OK Vendelboerne		1:10:16	09:41	14:24
4	Kaj Kaspersen	Herning OK		1:10:54	10:19	14:32
5	Keld Johnsen	THOK		1:17:01	16:26	15:47

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Placering	Navn	Klub	Distrikt	Tid	Efter	Km tid
H70		4,875 KM				
6	Erik Nysom	Silkeborg OK		1:19:16	18:41	16:15
7	Jens Korsholm	Farum OK		1:20:09	19:34	16:26
8	Jens Jørgen Jensen	Herning OK		1:22:41	22:06	16:57
9	Emil Olesen	FIF Hillerød		1:23:42	23:07	17:10
10	Flemming Johannsen	Silkeborg OK		1:25:42	25:07	17:34
11	Henrik Kleffel	Søllerød OK		1:28:58	28:23	18:14
12	Claes Ø. Larsen	Odense OK		1:31:30	30:55	18:46
13	Leif E. Larsen	THOK		1:31:31	30:56	18:46
14	Niels Rabølle	Odense OK		1:31:41	31:06	18:48
15	Kurt Finn Petersen	Fyns PI		1:31:52	31:17	18:50
16	Poul Egander Grøn	Silkeborg OK		1:34:12	33:37	19:19
17	Jens Høgsfeldt	FIF Hillerød		1:36:43	36:08	19:50
18	Gerhard Jensen	Odense OK		1:36:48	36:13	19:51
19	Varny Vestergaard	Vestjysk		1:36:50	36:15	19:51
20	Niels Møller Petersen	OK FROS		1:37:03	36:28	19:54
21	Ivan Christensen	OK Pan		1:37:42	37:07	20:02
22	Finn Petersen	OKR		1:40:04	39:29	20:31
23	Torben Isen	Herning OK		1:40:39	40:04	20:38
24	Sven Madsen	OK FROS		1:41:41	41:06	20:51
25	Ole Gold	Farum OK		1:43:43	43:08	21:16
26	Frode Mogensen	Mariager Fjord OK		1:43:55	43:20	21:18
27	Hans R. Vendelbjerg	OK Pan		1:49:44	49:09	22:30
28	Finn Simensen	OK Pan		1:59:02	58:27	24:25
29	Keld Østergaard	Mariager Fjord OK		2:14:47	1:14:12	27:38
DSQ	Torben Rasmussen	Odense OK		1:03:47		DSQ Missed 146
DSQ	Stig Barrett	Viborg OK		1:36:48		DSQ Missed 168
DSQ	Hans Ingemann Petersen	OK Vendelboerne		2:09:34		DSQ250 for 168
DSQ	Thorkild Holm Pedersen	OK Vendelboerne		2:13:27		DSQ100 for 075
Sum	33	Tilmeldte 35	Startende: 34	Ant poster 16		Premiær: 3

H75		4 KM				
1	Poul Erik Buch	OK GORM		1:09:19		17:19
2	Janne Brunstedt	OKR		1:10:01	00:42	17:30
3	Børge Pedersen	Odense OK		1:13:15	03:56	18:18
4	Jørgen Münster-Swendsen	Silkeborg OK		1:14:03	04:44	18:30
5	Ronnie McGrail	Søllerød OK		1:16:05	06:46	19:01
6	Leif Skovgaard Knudsen	Faaborg OK		1:16:33	07:14	19:08
7	Max Hansen	OK Djurs		1:18:30	09:11	19:37
8	Eigil Nielsen	Horsens OK		1:18:46	09:27	19:41
9	Søren Elkjær	Viborg OK		1:19:23	10:04	19:50
10	Hans Christian Strib	OK GORM		1:20:15	10:56	20:03
11	Erik Ljungdahl	Faaborg OK		1:21:01	11:42	20:15
12	Niels Erik Kofoed	OK H.T.F.		1:21:05	11:46	20:16
13	Erik Damgaard	Fyns PI		1:23:46	14:27	20:56
14	Karsten Richardt	Køge OK		1:24:24	15:05	21:06
15	Karl Kristian Terkelsen	OK GORM		1:24:42	15:23	21:10
16	Tage Ebbensgaard	Køge OK		1:25:05	15:46	21:16
17	Thorkild Sørensen	FIF Hillerød		1:26:02	16:43	21:30
18	Flemming D. Andersen	OK GORM		1:26:11	16:52	21:32
19	Finn Jørgensen Aaris	OK H.T.F.		1:28:19	19:00	22:04
20	Troels Jensen	Horsens OK		1:33:09	23:50	23:17
21	Eigil Skammelsen	Silkeborg OK		1:35:10	25:51	23:47
22	Hermann P. Jensen	Nordvest OK		1:38:02	28:43	24:30
23	Niels Hamborg Jensen	OK Skærm Hareskov		1:41:47	32:28	25:26
24	Finn Hørup Nielsen	OK Vendelboerne		1:49:07	39:48	27:16
25	Tage Baun	Horsens OK		1:56:43	47:24	29:10

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H75		4 KM				
26	Ole Christiansen	AKIF		1:57:54	48:35	29:28
27	Ove Splittorff	Svendborg OK		1:58:37	49:18	29:39
28	Gert Odgaard	OK Vendelboerne		2:04:02	54:43	31:00
29	Per Jessen-Klixbüll	OK Pan		2:14:36	1:05:17	33:39
30	Jan Kristoffersen	Ballerup OK		2:15:35	1:06:16	33:53
31	Karsten Funder	FIF Hillerød		2:31:27	1:22:08	37:51
DSQ	Michael Hansen	OK S.G.		1:24:47		DSQ Missed 183
DSQ	Hans Aage Hvalsøe Hansen	Fyns PI		1:27:00		DSQ Missed 060
DSQ	Leif Sig	FIF Hillerød		1:53:19		DSQ100 for 127
DSQ	Carl Malling	Randers OK		1:53:48		DSQ Missed 060
Sum	35	Tilmeldte 36	Startende: 35	Ant poster 16		Premiær: 3

H80		3,825 KM				
1	Aage Damsgaard	Fredensborg OK		1:10:30		18:25
2	Erik Anders Jensen	Silkeborg OK		1:13:05	02:35	19:06
3	Jørgen Chr. Nielsen	FIF Hillerød		1:16:38	06:08	20:02
4	Gunner Jørgensen	OK73		1:23:50	13:20	21:55
5	Jørgen Thyssen	Horsens OK		1:32:53	22:23	24:16
6	Bent Sørensen	Svendborg OK		1:53:19	42:49	29:37
7	Per F. Henriksen	OK H.T.F.		1:56:26	45:56	30:26
8	Knud Erik Thomsen	Svendborg OK		2:10:48	1:00:18	34:11
DSQ	Flemming Nørgaard	OK Pan		1:04:42		DSQ Missed 190
DSQ	Ole Svendsen	OKR		1:09:52		DSQ100 for 146
DSQ	Knud Lykking	OK73		1:17:45		DSQ Missed 190
DSQ	Palle Møller Nielsen	Odense OK		1:29:07		DSQ Missed 190
DSQ	Poul Nøhr	Silkeborg OK		1:29:16		DSQ100 for 135
Sum	13	Tilmeldte 13	Startende: 13	Ant poster 15		Premiær: 3

H85		2,625 KM				
1	Olav Odgaard	Odense OK		1:01:10		23:18
2	Jack Skrydstrup	Kolding OK		1:02:40	01:30	23:52
3	Asger Kristensen	Herning OK		1:16:35	15:25	29:10
4	Knud Sørensen	OK Pan		1:27:59	26:49	33:31
5	Henning Løwenstein	FIF Hillerød		1:48:36	47:26	41:22
6	Vagn Lidegaard	Mariager Fjord OK		2:04:04	1:02:54	47:15
7	Herluf Jensen	Svendborg OK		2:21:36	1:20:26	53:56
Sum	7	Tilmeldte 7	Startende: 7	Ant poster 12		Premiær: 3

Åben 1		6,625 KM				
1	Rasmus Thrane Hansen	Silkeborg OK		54:07		08:10
2	Jonas Damm Als	OK Pan		56:38	02:31	08:32
3	George Mavchun	THOK		1:00:38	06:31	09:09
4	Rune Østergaard	Søllerød OK		1:03:11	09:04	09:32
5	Mikkel Holm Nielsen	OK Pan		1:10:55	16:48	10:42
6	Signe Edsen	Nordvest OK		1:14:11	20:04	11:11
7	Julius Molsen	Søllerød OK		1:17:19	23:12	11:40
8	Lars Hjerrild	Silkeborg OK		1:17:24	23:17	11:40
9	Michael Filyo	Silkeborg OK		1:23:43	29:36	12:38
10	Morten Kusk	OK Pan		1:25:24	31:17	12:53
11	Frederik Højholt Andersen	OK Pan		1:35:40	41:33	14:26
12	Nicolaj Nielsen	Horsens OK		1:37:16	43:09	14:40
13	Victor Valbjørn Larsen	OK Melfar		1:40:23	46:16	15:09
14	Thomas Edvardsen	OK Snab		2:19:15	1:25:08	21:01

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Åben 1		6,625 KM				
15	Johan Schjødt	OK Pan		2:29:19	1:35:12	22:32
DSQ	Lasse Grøn	Halden Skiklubb		54:08		DSQ Missed 138
DSQ	Jens Kobæk Edsen	Nordvest OK		1:24:46		DSQ250 for 073
DSQ	Rasmus Holm Andersen	Silkeborg OK		1:26:42		DSQ100 for 073
Sum	18	Tilmeldte 18	Startende: 18		Ant poster 17	

Åben 2		4,5 KM				
1	Stine Bagger Hagner	Silkeborg OK		58:56		13:05
2	Jesper Grooss	Allerød OK		1:01:49	02:53	13:44
3	Katrine Begtrup	Silkeborg OK		1:18:16	19:20	17:23
4	Astrid Skytte Kirkegaard	THOK		1:20:11	21:15	17:49
5	Klaus Wolsing	Mariager Fjord OK		1:29:08	30:12	19:48
6	Laura Holm Nielsen	Horsens OK		1:33:08	34:12	20:41
7	Keld Gade	Viborg OK		1:35:50	36:54	21:17
8	Kathrine Emilie Amby	OK Pan		1:36:56	38:00	21:32
9	Lene Skielboe	Farum OK		1:37:25	38:29	21:38
10	Jesper R Mortensen	Herlufsholm OK		1:44:23	45:27	23:11
11	Johan Magnus Palmfeldt	OK Pan		1:49:32	50:36	24:20
12	Thomas Sørensen	OK Melfar		2:05:03	1:06:07	27:47
13	Maria Hallberg	Horsens OK		2:07:21	1:08:25	28:18
14	Team Tjalfe Egholm Ruth	Silkeborg OK		2:07:36	1:08:40	28:21
15	Erling Trankjær	HOK		2:19:41	1:20:45	31:02
16	Christian Kalle	Holbæk OK		2:48:55	1:49:59	37:32
DSQ	Gunner Sie	Søllerød OK		53:10		DSQ Missed 092
DSQ	Mads Lassen	Søllerød OK		1:12:40		DSQ100 for 080
DSQ	Rikke Nørgaard	THOK		1:30:11		DSQ100 for 080
DSQ	Erik Krogh	Kolding OK		1:39:38		DSQ100 for 080
DSQ	Anja Modler Hedemann	Faaborg OK		2:01:50		DSQ100 for 144
DSQ	Aske Hedemann	Faaborg OK		2:02:08		DSQ100 for 144
DSQ	Henning Hedemann	Faaborg OK		2:33:33		DSQ100 for 117
DSQ	Anette Kalle Larsen	Holbæk OK		2:53:41		DSQ100 for 080
Sum	24	Tilmeldte 25	Startende: 24		Ant poster 14	

Åben 3		3,475 KM				
1	Rikke Fenger-Grøn	Silkeborg OK		54:09		15:34
2	Anette Lund	OK GORM		1:03:44	09:35	18:20
3	Rikke Nygaard Monrad	FIF Hillerød		1:06:00	11:51	18:59
4	Bent Aakjær	Odense OK		1:07:11	13:02	19:20
5	Henrik Hauge Thomsen	OK Snab		1:12:07	17:58	20:45
6	Jens Christian Dalgaard	Mariager Fjord OK		1:55:20	1:01:11	33:11
7	Annette Færing	Svendborg OK		2:01:28	1:07:19	34:57
8	Jørn Blom	Mariager Fjord OK		2:06:13	1:12:04	36:19
9	Øjvind Brøgger	1900 Orientering		2:07:32	1:13:23	36:42
10	Ilsabe Børsting	Herlufsholm OK		2:09:09	1:15:00	37:09
11	Margit Ulmer	Tisvilde Hegn OK		2:29:59	1:35:50	43:09
DSQ	Stig Andersen	Herlufsholm OK		1:06:43		DSQ250 for 124
Sum	12	Tilmeldte 14	Startende: 12		Ant poster 14	

Åben 4		3,975 KM				
1	Peter Rysholt Christiansen	Odense OK		1:11:14		17:55
2	Antoniya Georgieva	NOTEAM		1:12:41	01:27	18:17
3	Rungtawan Wongdee	Ballerup OK		1:18:43	07:29	19:48
4	Mette Kirkeby	FIF Hillerød		1:19:35	08:21	20:01

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Placering	Navn	Klub	Distrikt	Tid	Efter	Km	tid
Åben 4		3,975 KM					
5	Jørgen Christensen	Søllerød OK		1:27:50	16:36		22:05
6	Lene Edvardsen	OK Snab		1:29:21	18:07		22:28
7	Mette Bæk Christiansen	Søllerød OK		1:29:47	18:33		22:35
8	Tina Ottesen	Ballerup OK		1:37:16	26:02		24:28
9	Hanne Bech	OK73		1:37:56	26:42		24:38
10	René Tabanera	Søllerød OK		1:43:07	31:53		25:56
11	Birgit Dalgaard	Mariager Fjord OK		2:00:45	49:31		30:22
12	Elly Blom	Mariager Fjord OK		2:13:19	1:02:05		33:32
13	Arne Pedersen	Mariager Fjord OK		2:22:03	1:10:49		35:44
14	Rigmor Schou	Mariager Fjord OK		2:25:58	1:14:44		36:43
DSQ	Flemming Wedell	Odense OK		33:54			DSQ
DSQ	Thor Skammelsen Gilleladen	OK Pan		44:08			DSQ100 for 059
DSQ	Johanne Valbjørn Gydesen	OK Melfar		59:53			DSQ Missed 130
DSQ	Trine Næstoft	Søllerød OK		1:14:44			DSQ Missed 130
Sum	18	Tilmeldte 20	Startende: 18		Ant poster 12		
Åben 5		4,025 KM					
1	Thea Orry Bachhausen	FIF Hillerød		1:21:13			20:10
2	Inge K. Kristoffersen	Ballerup OK		1:37:24	16:11		24:11
3	AnneLi Aabye	Ballerup OK		1:41:26	20:13		25:12
Sum	3	Tilmeldte 3	Startende: 3		Ant poster 14		
Åben 6		3,025 KM					
1	Lauge Dalgaard Kristensen	Ballerup OK		23:54			07:54
Sum	1	Tilmeldte 2	Startende: 1		Ant poster 12		