

Plads Navn Klasse

Tid

1 Rico Hejlskov Mogensen

St. Binderup OK

49:01

05:04=	07:10=	08:45=	11:13=	11:38=	12:53=	15:50=	17:03=	17:40=	18:28=	19:58=	21:58=	23:01=	23:44=	25:33=	26:11=	28:09=	29:18=	31:10=	32:53=	36:02=	36:51=	38:36=	40:02=	42:31=	44:13=
05:04=	02:06=	01:35=	02:28=	00:25=	01:15=	02:57=	01:13=	00:37=	00:48=	01:30=	02:00=	01:03=	00:43=	01:49=	00:38=	01:58=	01:09=	01:52=	01:43=	03:09=	00:49=	01:45=	01:26=	02:29=	01:42=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
46:49=	47:41=	48:49=	49:01=																						
02:36=	00:52=	01:08=	00:12=																						
00:00=	00:00=	00:00=	00:00=																						

2 Simon Reimers

Aalborg OK

55:11

06:02+	08:30+	10:10+	12:27+	12:53+	14:18+	17:40+	19:40+	20:21+	21:09+	23:06+	25:45+	26:51+	27:35+	29:40+	30:28+	32:47+	34:08+	36:36+	38:16+	41:52+	42:41+	44:34+	46:09+	48:50+	50:39+
06:02+	02:28+	01:40+	02:17-	00:26+	01:25+	03:22+	02:00+	00:41+	00:48=	01:57+	02:39+	01:06+	00:44+	02:05+	00:48+	02:19+	01:21+	02:28+	01:40-	03:36+	00:49=	01:53+	01:35+	02:41+	01:49+
00:58#	00:22#	00:05+	00:11-	00:01+	00:10#	00:25#	00:47&	00:04#	00:00=	00:27&	00:39&	00:03+	00:01+	00:16#	00:10&	00:21#	00:12#	00:36&	00:03-	00:27#	00:00=	00:08+	00:09#	00:12+	00:07+
53:06+	53:59+	55:00+	55:11+																						
02:27-	00:53+	01:01-	00:11-																						
00:09-	00:01+	00:07-	00:01-																						

3 Teemu Niskanen

Aalborg OK

56:02

05:52+	08:23+	11:48+	14:07+	14:49+	16:17+	19:20+	20:51+	21:30+	22:23+	24:08+	26:23+	27:38+	28:30+	30:39+	31:21+	33:24+	34:53+	36:54+	38:42+	42:05+	43:00+	44:52+	46:28+	49:33+	51:20+
05:52+	02:31+	03:25+	02:19-	00:42+	01:28+	03:03+	01:31+	00:39+	00:53+	01:45+	02:15+	01:15+	00:52+	02:09+	00:42+	02:03+	01:29+	02:01+	01:48+	03:23+	00:55+	01:52+	01:36+	03:05+	01:47+
00:48#	00:25#	01:50@	00:09-	00:17&	00:13#	00:06+	00:18#	00:02+	00:05#	00:15#	00:15#	00:12#	00:09#	00:20#	00:04#	00:05+	00:20&	00:09+	00:05+	00:14+	00:06#	00:07+	00:10#	00:36#	00:05+
53:55+	54:55+	55:52+	56:02+																						
02:35-	01:00+	00:57-	00:10-																						
00:01-	00:08#	00:11-	00:02-																						

4 Søren Vestergaard

Aarhus 1900 Orientering

56:08

05:58+	08:19+	10:04+	12:41+	13:11+	14:38+	17:36+	18:56+	19:44+	20:32+	22:09+	24:14+	25:18+	26:06+	27:59+	28:41+	30:51+	32:20+	34:37+	36:33+	40:00+	40:55+	42:49+	44:47+	47:54+	50:24+
05:58+	02:21+	01:45+	02:37+	00:30+	01:27+	02:58+	01:20+	00:48+	00:48=	01:37+	02:05+	01:04+	00:48+	01:53+	00:42+	02:10+	01:29+	02:17+	01:56+	03:27+	00:55+	01:54+	01:58+	03:07+	02:30+
00:54#	00:15#	00:10#	00:09+	00:05#	00:12#	00:01+	00:07+	00:11&	00:00=	00:07+	00:05+	00:01+	00:05#	00:04+	00:04#	00:12#	00:20&	00:25#	00:13#	00:18+	00:06#	00:09+	00:32&	00:38&	00:48&
53:40+	54:38+	55:55+	56:08+																						
03:16+	00:58+	01:17+	00:13+																						
00:40&	00:06#	00:09#	00:01+																						

5 Marko Birk Nielsen

Aalborg OK

58:34

06:57+	09:25+	11:14+	13:49+	14:18+	16:03+	18:58+	20:19+	21:02+	21:52+	23:35+	25:48+	26:54+	27:42+	29:45+	30:25+	32:39+	34:06+	36:12+	38:09+	41:28+	42:25+	44:27+	46:03+	49:43+	53:10+
06:57+	02:28+	01:49+	02:35+	00:29+	01:45+	02:55-	01:21+	00:43+	00:50+	01:43+	02:13+	01:06+	00:48+	02:03+	00:40+	02:14+	01:27+	02:06+	01:57+	03:19+	00:57+	02:02+	01:36+	03:40+	03:27+
01:53&	00:22#	00:14#	00:07+	00:04#	00:30&	00:02-	00:08#	00:06#	00:02+	00:13#	00:13#	00:03+	00:05#	00:14#	00:02+	00:16#	00:18&	00:14#	00:14#	00:10+	00:08#	00:17#	00:10#	01:11&	01:45@
56:12+	57:09+	58:22+	58:34+																						
03:02+	00:57+	01:13+	00:12=																						
00:26#	00:05+	00:05+	00:00=																						

6 Anton Rasmussen

Aarhus 1900 Orientering

58:56

07:04+	09:31+	11:27+	14:18+	14:53+	17:16+	20:20+	21:54+	22:40+	23:36+	25:05+	27:22+	28:24+	29:18+	31:20+	32:03+	35:18+	37:12+	39:23+	41:11+	44:39+	45:29+	47:21+	49:03+	51:45+	53:42+
07:04+	02:27+	01:56+	02:51+	00:35+	02:23+	03:04+	01:34+	00:46+	00:56+	01:29-	02:17+	01:02-	00:54+	02:02+	00:43+	03:15+	01:54+	02:11+	01:48+	03:28+	00:50+	01:52+	01:42+	02:42+	01:57+
02:00&	00:21#	00:21#	00:23#	00:10&	01:08&	00:07+	00:21&	00:09#	00:08#	00:01-	00:17#	00:01-	00:11&	00:13#	00:05#	01:17&	00:45&	00:19#	00:05+	00:19#	00:01+	00:07+	00:16#	00:13+	00:15#
56:31+	57:39+	58:45+	58:56+																						
02:49+	01:08+	01:06-	00:11-																						
00:13+	00:16&	00:02-	00:01-																						

7 Bo Birk Nielsen

Aalborg OK

59:55

06:50+	11:41+	14:11+	16:29+	16:55+	18:23+	21:36+	23:41+	24:19+	25:10+	27:03+	29:47+	30:47+	31:33+	33:32+	34:20+	36:48+	38:03+	40:37+	42:17+	45:49+	46:36+	48:30+	50:10+	52:44+	54:41+
06:50+	04:51+	02:30+	02:18-	00:26+	01:28+	03:13+	02:05+	00:38+	00:51+	01:53+	02:44+	01:00-	00:46+	01:59+	00:48+	02:28+	01:15+	02:34+	01:40-	03:32+	00:47-	01:54+	01:40+	02:34+	01:57+
01:46&	02:45@	00:55&	00:10-	00:01+	00:13#	00:16+	00:52&	00:01+	00:03+	00:23&	00:44&	00:03-	00:03+	00:10+	00:10&	00:30&	00:06+	00:42&	00:03-	00:23#	00:02-	00:09+	00:14#	00:05+	00:15#
57:13+	58:09+	59:39+	59:55+																						
02:32-	00:56+	01:30+	00:16+																						
00:04-	00:04+	00:22&	00:04&																						

8 Sune Dupont

Aarhus 1900 Orientering

1:07:20

07:18+	09:53+	11:46+	14:32+	15:05+	16:34+	20:25+	22:04+	22:49+	24:33+	25:58+	27:54+	29:06+	30:20+	32:46+	33:32+	36:15+	37:41+	39:59+	42:03+	46:21+	47:15+	50:19+	53:39+	56:50+	59:52+
07:18+	02:35+	01:53+	02:46+	00:33+	01:29+	03:51+	01:39+	00:45+	01:44+	01:25-	01:56-	01:12+	01:14+	02:26+	00:46+	02:43+	01:26+	02:18+	02:04+	04:18+	00:54+	03:04+	03:20+	03:11+	03:02+
02:14&	00:29#	00:18#	00:18#	00:08&	00:14#	00:54&	00:26&	00:08#	00:56@	00:05-	00:04-	00:09#	00:31&	00:37&	00:08#	00:45&	00:17#	00:26#	00:21#	01:09&	00:05#	01:19&	01:54@	00:42&	01:20&
64:11+	65:33+	67:02+	67:20+																						
04:19+	01:22+	01:29+	00:18+																						
01:43&	00:30&	00:21&	00:06&																						

Class	Navn	Klasse	Tid																						
9	Allan Reiche	OK Vendelboerne	1:07:59																						
06:41+	09:34+	11:25+	14:16+	14:48+	16:32+	20:39+	22:12+	22:57+	24:13+	26:09+	28:49+	30:17+	31:14+	33:54+	34:50+	37:08+	38:44+	41:12+	43:34+	48:14+	49:08+	51:24+	53:03+	57:38+	61:44+
06:41+	02:53+	01:51+	02:51+	00:32+	01:44+	04:07+	01:33+	00:45+	01:16+	01:56+	02:40+	01:28+	00:57+	02:40+	00:56+	02:18+	01:36+	02:28+	02:22+	04:40+	00:54+	02:16+	01:39+	04:35+	04:06+
01:37&	00:47&	00:16#	00:23#	00:07&	00:29&	01:10&	00:20&	00:08#	00:28&	00:26&	00:40&	00:25&	00:14&	00:51&	00:18&	00:20#	00:27&	00:36&	00:39&	01:31&	00:05#	00:31&	00:13#	02:06&	02:24@
65:01+	66:19+	67:45+	67:59+																						
03:17+	01:18+	01:26+	00:14+																						
00:41&	00:26&	00:18&	00:02#																						
10	Michael Gru	Aalborg OK	1:08:01																						
06:34+	09:45+	11:42+	15:10+	15:40+	21:30+	27:23+	28:41+	29:36+	30:32+	32:38+	34:56+	36:05+	36:54+	38:53+	39:36+	41:58+	43:18+	45:26+	47:24+	50:34+	51:35+	53:33+	55:38+	58:33+	62:26+
06:34+	03:11+	01:57+	03:28+	00:30+	05:50+	05:53+	01:18+	00:55+	00:56+	02:06+	02:18+	01:09+	00:49+	01:59+	00:43+	02:22+	01:20+	02:08+	01:58+	03:10+	01:01+	01:58+	02:05+	02:55+	03:53+
01:30&	01:05&	00:22#	01:00&	00:05#	04:35@	02:56&	00:05+	00:18&	00:08#	00:36&	00:18#	00:06+	00:06#	00:10+	00:05#	00:24#	00:11#	00:16#	00:15#	00:01+	00:12#	00:13#	00:39&	00:26#	02:11@
65:48+	66:44+	67:48+	68:01+																						
03:22+	00:56+	01:04-	00:13+																						
00:46&	00:04+	00:04-	00:01+																						
11	mads mikkelsen	Horsens OK	1:09:43																						
07:43+	11:12+	13:59+	17:01+	17:41+	19:24+	23:26+	25:28+	26:28+	27:37+	30:02+	32:40+	34:16+	35:09+	37:32+	38:21+	40:53+	42:38+	45:37+	47:51+	52:11+	53:08+	55:28+	57:20+	60:21+	63:34+
07:43+	03:29+	02:47+	03:02+	00:40+	01:43+	04:02+	02:02+	01:00+	01:09+	02:25+	02:38+	01:36+	00:53+	02:23+	00:49+	02:32+	01:45+	02:59+	02:14+	04:20+	00:57+	02:20+	01:52+	03:01+	03:13+
02:39&	01:23&	01:12&	00:34#	00:15&	00:28&	01:05&	00:49&	00:23&	00:21&	00:55&	00:38&	00:33&	00:10#	00:34&	00:11&	00:34&	00:36&	01:07&	00:31&	01:11&	00:08#	00:35&	00:26&	00:32#	01:31&
66:55+	68:06+	69:29+	69:43+																						
03:21+	01:11+	01:23+	00:14+																						
00:45&	00:19&	00:15#	00:02#																						
12	Mads Alexander Krogh Simonsen	Aarhus 1900 Orientering	1:10:29																						
08:50+	11:34+	13:42+	17:05+	17:45+	19:31+	23:30+	25:14+	27:17+	28:20+	30:24+	33:31+	35:06+	36:12+	38:20+	39:06+	43:14+	44:33+	47:07+	49:11+	53:06+	54:04+	57:26+	59:09+	62:58+	65:13+
08:50+	02:44+	02:08+	03:23+	00:40+	01:46+	03:59+	01:44+	02:03+	01:03+	02:04+	03:07+	01:35+	01:06+	02:08+	00:46+	04:08+	01:19+	02:34+	02:04+	03:55+	00:58+	03:22+	01:43+	03:49+	02:15+
03:46&	00:38&	00:33&	00:55&	00:15&	00:31&	01:02&	00:31&	01:26@	00:15&	00:34&	01:07&	00:32&	00:23&	00:19#	00:08#	02:10@	00:10#	00:42&	00:21#	00:46#	00:09#	01:37&	00:17#	01:20&	00:33&
68:13+	69:10+	70:16+	70:29+																						
03:00+	00:57+	01:06-	00:13+																						
00:24#	00:05+	00:02-	00:01+																						
13	Jens Kristensen	Aarhus 1900 Orientering	1:12:03																						
08:01+	10:39+	12:50+	18:29+	19:01+	20:42+	25:39+	27:47+	28:44+	29:59+	32:19+	35:10+	36:48+	37:47+	40:28+	41:20+	44:24+	46:07+	48:46+	51:04+	55:16+	56:26+	58:34+	60:25+	63:50+	66:01+
08:01+	02:38+	02:11+	05:39+	00:32+	01:41+	04:57+	02:08+	00:57+	01:15+	02:20+	02:51+	01:38+	00:59+	02:41+	00:52+	03:04+	01:43+	02:39+	02:18+	04:12+	01:10+	02:08+	01:51+	03:25+	02:11+
02:57&	00:32&	00:36&	03:11@	00:07&	00:26&	02:00&	00:55&	00:20&	00:27&	00:50&	00:51&	00:35&	00:16&	00:52&	00:14&	01:06&	00:34&	00:47&	00:35&	01:03&	00:21&	00:23#	00:25&	00:56&	00:29&
69:32+	70:41+	71:50+	72:03+																						
03:31+	01:09+	01:09+	00:13+																						
00:55&	00:17&	00:01+	00:01+																						
14	Allan Hougaard	Aarhus 1900 Orientering	1:14:16																						
09:05+	12:40+	15:12+	18:06+	18:29+	21:12+	24:28+	26:26+	27:51+	28:42+	30:44+	34:20+	35:44+	36:46+	39:07+	39:52+	41:47+	43:26+	45:48+	48:29+	52:04+	53:01+	55:21+	58:40+	63:12+	67:09+
09:05+	03:35+	02:32+	02:54+	00:23-	02:43+	03:16+	01:58+	01:25+	00:51+	02:02+	03:36+	01:24+	01:02+	02:21+	00:45+	01:55-	01:39+	02:22+	02:41+	03:35+	00:57+	02:20+	03:19+	04:32+	03:57+
04:01&	01:29&	00:57&	00:26#	00:02-	01:28@	00:19#	00:45&	00:48@	00:03+	00:32&	01:36&	00:21&	00:19&	00:32&	00:07#	00:03-	00:30&	00:30&	00:58&	00:26#	00:08#	00:35&	01:53@	02:03&	02:15@
70:47+	72:02+	74:03+	74:16+																						
03:38+	01:15+	02:01+	00:13+																						
01:02&	00:23&	00:53&	00:01+																						
15	Simon Bisgaard Olsen	OK Vendelboerne	1:18:03																						
09:39+	12:35+	14:57+	18:00+	18:35+	20:26+	24:29+	26:27+	27:27+	28:37+	30:53+	34:15+	36:16+	37:40+	40:14+	41:13+	43:55+	45:54+	49:17+	51:49+	55:54+	57:05+	59:23+	61:40+	66:00+	70:01+
09:39+	02:56+	02:22+	03:03+	00:35+	01:51+	04:03+	01:58+	01:00+	01:10+	02:16+	03:22+	02:01+	01:24+	02:34+	00:59+	02:42+	01:59+	03:23+	02:32+	04:05+	01:11+	02:18+	02:17+	04:20+	04:01+
04:35&	00:50&	00:47&	00:35#	00:10&	00:36&	01:06&	00:45&	00:23&	00:22&	00:46&	01:22&	00:58&	00:41&	00:45&	00:21&	00:44&	00:50&	01:31&	00:49&	00:56&	00:22&	00:33&	00:51&	01:51&	02:19@
74:43+	76:05+	77:49+	78:03+																						
04:42+	01:22+	01:44+	00:14+																						
02:06&	00:30&	00:36&	00:02#																						
16	Jens Ozol	Silkeborg OK	1:19:44																						
08:21+	14:28+	16:54+	21:34+	22:21+	24:29+	29:04+	31:02+	31:56+	33:12+	35:42+	38:49+	40:33+	41:38+	44:26+	45:35+	48:26+	50:22+	53:15+	55:45+	60:23+	61:27+	64:06+	66:23+	70:11+	73:04+
08:21+	06:07+	02:26+	04:40+	00:47+	02:08+	04:35+	01:58+	00:56+	01:14+	02:30+	03:07+	01:44+	01:05+	02:48+	01:09+	02:51+	01:56+	02:53+	02:30+	04:38+	01:04+	02:39+	02:17+	03:48+	02:53+
03:17&	04:01@	00:51&	02:12&	00:22&	00:53&	01:38&	00:45&	00:19&	00:26&	01:00&	01:07&	00:41&	00:22&	00:59&	00:31&	00:53&	00:47&	01:01&	00:47&	01:29&	00:15&	00:54&	00:51&	01:19&	01:11&
76:47+	78:20+	79:32+	79:44+																						
03:43+	01:33+	01:12+	00:12-																						
01:07&	00:41&	00:04+	00:00-																						
17	Mette Høiberg Ozol	Aarhus 1900 Orientering	1:21:40																						
09:26+	13:40+	17:48+	22:10+	22:46+	25:00+	29:57+	32:06+	33:08+	34:30+	36:55+	40:44+	42:39+	43:45+	46:43+	47:31+	50:42+	52:36+	55:23+	57:41+	62:49+	63:52+	66:16+	68:29+	71:55+	74:59+
09:26+	04:14+	04:08+	04:22+	00:36+	02:14+	04:57+	02:09+	01:02+	01:22+	02:25+	03:49+	01:55+	01:06+	02:58+	00:48+	03:11+	01:54+	02:47+	02:18+	05:08+	01:03+	02:24+	02:13+	03:26+	03:04+
0																									

Class	Navn	Klasse	Tid																						
18	Søren Kjærsgaard	Aarhus 1900 Orientering	1:21:41																						
10:00+	13:00+	15:36+	19:23+	19:58+	22:04+	26:34+	28:37+	29:49+	30:58+	33:07+	36:00+	37:37+	39:22+	41:47+	42:34+	45:49+	47:30+	50:09+	52:52+	57:59+	59:16+	61:43+	64:42+	69:09+	74:10+
10:00+	03:00+	02:36+	03:47+	00:35+	02:06+	04:30+	02:03+	01:12+	01:09+	02:09+	02:53+	01:37+	01:45+	02:25+	00:47+	03:15+	01:41+	02:39+	02:43+	05:07+	01:17+	02:27+	02:59+	04:27+	05:01+
04:56&	00:54&	01:01&	01:19&	00:10&	00:51&	01:33&	00:50&	00:35&	00:21&	00:39&	00:53&	00:34&	01:02@	00:36&	00:09#	01:17&	00:32&	00:47&	01:00&	01:58&	00:28&	00:42&	01:33@	01:58&	03:19@
78:01+	79:16+	81:26+	81:41+																						
03:51+	01:15+	02:10+	00:15+																						
01:15&	00:23&	01:02&	00:03#																						
19	Kjeld Arildsen	OK Vendelboerne	1:25:46																						
60:04+	72:01+	74:54+	75:48+	82:23+	83:53+	85:29+	85:46+																		
60:04+	11:57+	02:53+	00:54-	06:35+	01:30+	01:36-	00:17-																		
55:00@	09:51@	01:18&	01:34-	06:10@	00:15#	01:21-	00:56-																		

Beste stræktid for klassen
05:04 02:06 01:35 00:54 00:23 01:15 01:36 00:17 00:37 00:48 01:25 01:56 01:00 00:43 01:49 00:38 01:55 01:09 01:52 01:40 03:09 00:47 01:45 01:26 02:29 01:42 02:27 00:00

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Class	Navn	Klasse	Tid																						
1	Jess Rasmussen	Viborg OK	50:59																						
08:33=	09:52=	11:20=	14:38=	17:25=	18:10=	19:09=	21:33=	24:59=	25:47=	26:58=	29:25=	31:37=	33:42=	38:28=	40:37=	41:38=	43:39=	46:14=	49:33=	50:47=	50:59=				
08:33=	01:19=	01:28=	03:18=	02:47=	00:45=	00:59=	02:24=	03:26=	00:48=	01:11=	02:27=	02:12=	02:05=	04:46=	02:09=	01:01=	02:01=	02:35=	03:19=	01:14=	00:12=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
08:23-	09:42-	11:24+	14:57+	18:11+	19:42+	20:41+	22:40+	25:08+	25:55+	27:40+	29:52+	32:29+	34:29+	39:11+	41:07+	42:04+	44:11+	46:31+	49:45+	50:59+	51:10+				
08:23-	01:19-	01:42+	03:33+	03:14+	01:31+	00:59+	01:59-	02:28-	00:47-	01:45+	02:12-	02:37+	02:00-	04:42-	01:56-	00:57-	02:07+	03:14-	03:14-	01:14=	00:11-				
00:10-	00:00=	00:14#	00:15+	00:27#	00:46@	00:00=	00:25-	00:58-	00:01-	00:34&	00:15-	00:25#	00:05-	00:04-	00:13-	00:04-	00:06+	00:15-	00:05-	00:00=	00:01-				
2	Jørgen Bruun	Aalborg OK	51:10																						
08:23-	09:42-	11:24+	14:57+	18:11+	19:42+	20:41+	22:40+	25:08+	25:55+	27:40+	29:52+	32:29+	34:29+	39:11+	41:07+	42:04+	44:11+	46:31+	49:45+	50:59+	51:10+				
08:23-	01:19-	01:42+	03:33+	03:14+	01:31+	00:59+	01:59-	02:28-	00:47-	01:45+	02:12-	02:37+	02:00-	04:42-	01:56-	00:57-	02:07+	03:14-	03:14-	01:14=	00:11-				
00:10-	00:00=	00:14#	00:15+	00:27#	00:46@	00:00=	00:25-	00:58-	00:01-	00:34&	00:15-	00:25#	00:05-	00:04-	00:13-	00:04-	00:06+	00:15-	00:05-	00:00=	00:01-				
3	Keld Gade	Viborg OK	54:13																						
11:06+	12:18+	14:01+	17:43+	21:04+	21:56+	23:15+	25:18+	27:52+	28:39+	29:46+	32:13+	34:29+	36:35+	41:23+	43:32+	44:37+	46:39+	49:05+	52:31+	53:58+	54:13+				
11:06+	01:12-	01:43+	03:42+	03:21+	00:52+	01:19+	02:03-	02:34-	00:47-	01:07-	02:27=	02:16+	02:06+	04:48+	02:09=	01:05+	02:02+	02:26-	03:26+	01:27+	00:15+				
02:33&	00:07-	00:15#	00:24#	00:34#	00:07#	00:20&	00:21-	00:52-	00:01-	00:04-	00:00=	00:04+	00:01+	00:02+	00:00=	00:04+	00:01+	00:09-	00:07+	00:13#	00:03#				
4	Michael Fischer	Aalborg OK	55:23																						
09:31+	11:23+	15:16+	19:25+	22:15+	23:04+	24:02+	25:56+	28:16+	29:01+	30:33+	33:50+	36:16+	38:30+	43:05+	45:08+	46:06+	48:10+	50:45+	53:54+	55:09+	55:23+				
09:31+	01:52+	03:53+	04:09+	02:50+	00:49+	00:58-	01:54-	02:20-	00:45-	01:32+	03:17+	02:26+	02:14+	04:35-	02:03-	00:58-	02:04+	02:35=	03:09-	01:15+	00:14+				
00:58#	00:33&	02:25@	00:51&	00:03+	00:04+	00:01-	00:30-	01:06-	00:03-	00:21&	00:50&	00:14#	00:09+	00:11-	00:06-	00:03-	00:03+	00:00=	00:10-	00:01+	00:02#				
5	Claus Bobach	Aalborg OK	56:31																						
09:53+	11:11+	12:50+	16:56+	19:59+	20:48+	22:08+	24:32+	27:24+	28:15+	29:31+	32:06+	35:30+	37:37+	42:31+	44:50+	45:59+	48:25+	51:14+	55:01+	56:18+	56:31+				
09:53+	01:18-	01:39+	04:06+	03:03+	00:49+	01:20+	02:24=	02:52-	00:51+	01:16+	02:35+	03:24+	02:07+	04:54+	02:19+	01:09+	02:26+	02:49+	03:47+	01:17+	00:13+				
01:20#	00:01-	00:11#	00:48#	00:16+	00:04+	00:21&	00:00=	00:34-	00:03+	00:05+	00:08+	01:12&	00:02+	00:08+	00:10+	00:08#	00:25#	00:14+	00:28#	00:03+	00:01+				
6	Morten Vang Bobach	Aalborg OK	57:37																						
10:06+	11:43+	13:45+	17:37+	20:42+	21:42+	22:41+	24:22+	27:26+	28:31+	29:36+	31:48+	34:25+	36:42+	41:06+	43:59+	45:50+	48:19+	51:42+	55:51+	57:25+	57:37+				
10:06+	01:37+	02:02+	03:52+	03:05+	01:00+	00:59=	01:41-	03:04-	01:05+	01:05-	02:12-	02:37+	02:17+	04:24-	02:53+	01:51+	02:29+	03:23+	04:09+	01:34+	00:12=				
01:33#	00:18#	00:34&	00:34#	00:18#	00:15&	00:00=	00:43-	00:22-	00:17&	00:06-	00:15-	00:25#	00:12+	00:22-	00:44&	00:50&	00:28#	00:48&	00:50&	00:20&	00:00=				
7	Egon Sloth	Aalborg OK	58:11																						
10:38+	11:55+	13:33+	17:16+	20:23+	21:34+	23:02+	25:04+	27:42+	28:38+	29:52+	32:20+	35:20+	37:48+	42:17+	45:16+	46:31+	49:01+	52:44+	56:16+	57:57+	58:11+				
10:38+	01:17-	01:38+	03:43+	03:07+	01:11+	01:28+	02:02-	02:38-	00:56+	01:14+	02:28+	03:00+	02:28+	04:29-	02:59+	01:15+	02:30+	03:43+	03:32+	01:41+	00:14+				
02:05#	00:02-	00:10#	00:25#	00:20#	00:26&	00:29&	00:22-	00:48-	00:08#	00:03+	00:01+	00:48&	00:23#	00:17-	00:50&	00:14#	00:29#	01:08&	00:13+	00:27&	00:02#				
8	Mads Kappel Jensen	Rold Skov OK	1:01:04																						
09:57+	11:26+	13:10+	17:27+	21:37+	22:33+	24:25+	26:43+	29:49+	30:45+	32:08+	35:56+	38:31+	41:27+	46:27+	48:51+	50:14+	52:43+	55:36+	59:06+	60:53+	61:04+				
09:57+	01:29+	01:44+	04:17+	04:10+	00:56+	01:52+	02:18-	03:06-	00:56+	01:23+	03:48+	02:35+	02:56+	05:00+	02:24+	01:23+	02:29+	02:53+	03:30+	01:47+	00:11-				
01:24#	00:10#	00:16#	00:59&	01:23&	00:11#	00:53&	00:06-	00:20-	00:08#	01:12#	01:21&	00:23#	00:51&	00:14+	00:15#	00:22#	00:18#	00:11+	00:33&	00:01-					
9	Anne Beukel Bak	Aalborg OK	1:01:08																						
11:50+	13:22+	15:16+	19:11+	22:47+	23:40+	25:12+	27:20+	30:47+	31:51+	33:12+	35:49+	38:40+	41:01+	47:08+	49:45+	50:49+	53:05+	55:50+	59:36+	60:55+	61:08+				
11:50+	01:32+	01:54+	03:55+	03:36+	00:53+	01:32+	02:08-	03:27+	01:04+	01:21+	02:37+	02:51+	02:21+	06:07+	02:37+	01:04+	02:16+	02:45+	03:46+	01:19+	00:13+				
03:17&	00:13#	00:26&	00:37#	00:49&	00:08#	00:33&	00:16-	00:01+	00:16&	00:10#	00:10+	00:39&	00:16#	01:21&	00:28#	00:03+	00:15#	00:10+	00:27#	00:05+	00:01+				
10	Søren Flyvbjerg	Rold Skov OK	1:01:43																						
09:53+	11:17+	14:20+	19:01+	21:58+	23:04+	24:06+	26:21+	29:52+	30:38+	32:29+	34:53+	38:59+	41:23+	46:48+	49:02+	50:09+	52:12+	56:25+	60:00+	61:29+	61:43+				
09:53+	01:24+	03:03+	04:41+	02:57+	01:06+	01:02+	02:15-	03:31+	00:46-	01:51+	02:24-	04:06+	02:24+	05:25+	02:14+	01:07+	02:03+	04:13+	03:35+	01:29+	00:14+				
01:20#	00:05+	01:35@	01:23&	00:10+	00:21&	00:03+	00:09-	00:05+	00:02-	00:40&	00:03-	01:54&	00:19#	00:39#	00:05+	00:06+	00:02+	01:38&	00:16+	00:15#	00:02#				
11	Frank Dabelstein	Aarhus 1900 Orientering	1:02:15																						
09:59+	11:48+	14:00+	18:07+	22:02+	22:59+	24:22+	26:46+	30:07+	3																

Class	Navn	Klasse	Tid
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12	Erik Søgaard	Aarhus 1900 Orientering	1:08:20																		
14:19+	16:05+	18:45+	23:26+	28:04+	29:25+	30:36+	33:17+	36:41+	37:37+	38:58+	41:54+	44:24+	47:04+	52:41+	54:47+	55:55+	58:27+	62:17+	66:15+	68:06+	68:20+
14:19+	01:46+	02:40+	04:41+	04:38+	01:21+	01:11+	02:41+	03:24-	00:56+	01:21+	02:56+	02:30+	02:40+	05:37+	02:06-	01:08+	02:32+	03:50+	03:58+	01:51+	00:14+
05:46&	00:27&	01:12&	01:23&	01:51&	00:36&	00:12#	00:17#	00:02-	00:08#	00:10#	00:29#	00:18#	00:35&	00:51#	00:03-	00:07#	00:31&	01:15&	00:39#	00:37&	00:02#
13	Camilla Bertel Andersen	Karup OK	1:09:22																		
11:27+	13:13+	16:02+	21:05+	24:35+	25:43+	27:02+	29:16+	33:01+	33:51+	35:17+	38:05+	41:38+	44:14+	49:45+	52:53+	55:23+	58:01+	61:38+	67:06+	69:05+	69:22+
11:27+	01:46+	02:49+	05:03+	03:30+	01:08+	01:19+	02:14-	03:45+	00:50+	01:26+	02:48+	03:33+	02:36+	05:31+	03:08+	02:30+	02:38+	03:37+	05:28+	01:59+	00:17+
02:54&	00:27&	01:21&	01:45&	00:43&	00:23&	00:20&	00:10-	00:19+	00:02+	00:15#	00:21#	01:21&	00:31#	00:45#	00:59&	01:29@	00:37&	01:02&	02:09&	00:45&	00:05&
14	Anna Vang Bobach	Aalborg OK	1:13:52																		
11:37+	13:33+	17:14+	22:44+	26:51+	27:59+	29:35+	33:05+	36:20+	37:25+	38:51+	41:54+	45:14+	48:12+	55:19+	58:15+	59:39+	63:09+	67:11+	71:43+	73:33+	73:52+
11:37+	01:56+	03:41+	05:30+	04:07+	01:08+	01:36+	03:30+	03:15-	01:05+	01:26+	03:03+	03:20+	02:58+	07:07+	02:56+	01:24+	03:30+	04:02+	04:32+	01:50+	00:19+
03:04&	00:37&	02:13@	02:12&	01:20&	00:23&	00:37&	01:06&	00:11-	00:17&	00:15#	00:36#	01:08&	00:53&	02:21&	00:47&	00:23&	01:29&	01:27&	01:13&	00:36&	00:07&
15	Finn Rosenqvist	Aalborg OK	1:14:22																		
15:39+	18:13+	21:02+	25:08+	28:51+	29:56+	30:57+	33:25+	36:31+	37:29+	39:18+	45:37+	48:10+	50:34+	57:02+	59:24+	60:35+	63:04+	69:16+	72:48+	74:09+	74:22+
15:39+	02:34+	02:49+	04:06+	03:43+	01:05+	01:01+	02:28+	03:06-	00:58+	01:49+	06:19+	02:33+	02:24+	06:28+	02:22+	01:11+	02:29+	06:12+	03:32+	01:21+	00:13+
07:06&	01:15&	01:21&	00:48#	00:56&	00:20&	00:02+	00:04+	00:20-	00:10#	00:38&	03:52@	00:21#	00:19#	01:42&	00:13#	00:10#	00:28#	03:37@	00:13+	00:07+	00:01+
16	Henning Bak-Mikkelsen	OK Vendelboerne	1:18:57																		
18:33+	21:29+	24:42+	29:05+	33:11+	36:31+	37:47+	41:29+	45:57+	46:58+	48:17+	51:04+	53:51+	56:44+	62:05+	64:41+	66:13+	68:57+	72:05+	76:34+	78:41+	78:57+
18:33+	02:56+	03:13+	04:23+	04:06+	03:20+	01:16+	03:42+	04:28+	01:01+	01:19+	02:47+	02:47+	02:53+	05:21+	02:36+	01:32+	02:44+	03:08+	04:29+	02:07+	00:16+
10:00@	01:37@	01:45@	01:19&	02:35@	00:17&	01:18&	01:02&	00:13&	00:08#	00:20#	00:35&	00:48&	00:35#	00:27#	00:31&	00:43&	00:33#	01:10&	00:53&	00:04&	

Beste stræktid for klassen
 08:23 01:12 01:28 03:18 02:47 00:45 00:58 01:41 02:20 00:45 01:05 02:12 02:12 02:00 04:24 01:56 00:57 02:01 02:20 03:09 01:14 00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Bane3

1	Lennart Rebsdorf	Mariager Fjord OK	50:34																
07:03=	09:20=	10:28=	13:53=	17:44=	18:52=	23:31=	27:18=	28:41=	29:33=	31:37=	33:48=	35:36=	39:08=	40:09=	42:09=	44:52=	49:02=	50:13=	50:34=
07:03=	02:17=	01:08=	03:25=	03:51=	01:08=	04:39=	03:47=	01:23=	00:52=	02:04=	02:11=	01:48=	03:32=	01:01=	02:00=	02:43=	04:10=	01:11=	00:21=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Dorte Filskov	Aalborg OK	53:59																
09:38+	12:37+	13:55+	15:42+	20:27+	22:30+	26:59+	28:45+	29:47+	32:11+	35:00+	37:24+	41:39+	43:20+	45:31+	48:41+	52:52+	53:44+	53:59+	
09:38+	02:59+	01:18+	01:47-	04:45+	02:03+	04:29-	01:46-	01:02-	02:24+	02:49+	02:24+	04:15+	01:41-	02:11+	03:10+	04:11+	00:52-	00:15-	
02:35&	00:42&	00:10#	01:38-	00:54#	00:55&	00:10-	02:01-	00:21-	01:32@	00:45&	00:13+	02:27@	01:51-	01:10@	01:10&	01:28&	03:18-	00:56-	
3	Klaus Wolsing	Mariager Fjord OK	55:06																
09:02+	11:14+	14:08+	15:44+	20:20+	21:27+	26:33+	27:57+	29:01+	31:37+	34:13+	36:45+	41:12+	42:21+	44:45+	49:07+	53:58+	54:51+	55:06+	
09:02+	02:12-	02:54+	01:36-	04:36+	01:07-	05:06+	01:24-	01:04-	02:36+	02:36+	02:32+	04:27+	01:09-	02:24+	04:22+	04:51+	00:53-	00:15-	
01:59&	00:05-	01:46@	01:49-	00:45#	00:01-	00:27+	02:23-	00:19-	01:44@	00:32&	00:21#	02:39@	02:23-	01:23@	02:22@	02:08&	03:17-	00:56-	
4	Helge Poulsen	Mariager Fjord OK	59:05																
10:08+	13:09+	14:45+	16:33+	21:52+	23:30+	29:25+	31:11+	32:23+	35:15+	38:11+	40:50+	45:48+	47:26+	49:52+	53:27+	57:44+	58:47+	59:05+	
10:08+	03:01+	01:36+	01:48-	05:19+	01:38+	05:55+	01:46-	01:12-	02:52+	02:56+	02:39+	04:58+	01:38-	02:26+	03:35+	04:17+	01:03-	00:18-	
03:05&	00:44&	00:28&	01:37-	01:28&	00:30&	01:16&	02:01-	00:11-	02:00@	00:52&	00:28#	03:10@	01:54-	01:25@	01:35&	01:34&	03:07-	00:53-	
5	Mikkel Bo Kølbaek	Aarhus 1900 Orientering	1:00:03																
10:39+	13:05+	14:29+	16:17+	20:56+	22:09+	28:15+	29:47+	31:16+	33:53+	36:46+	39:29+	44:31+	46:01+	49:11+	54:45+	59:06+	59:51+	60:03+	
10:39+	02:26+	01:24+	01:48-	04:39+	01:13+	06:06+	01:32-	01:29+	02:37+	02:53+	02:43+	05:02+	01:30-	03:10+	05:34+	04:21+	00:45-	00:12-	
03:36&	00:09+	00:16#	01:37-	00:48#	00:05+	01:27&	02:15-	00:06+	01:45@	00:49&	00:32#	03:14@	02:02-	02:09@	03:34@	01:38&	03:25-	00:59-	
6	Jørn H. Klausen	OK Syd	1:01:06																
11:03+	13:25+	15:00+	17:04+	22:56+	24:16+	29:57+	31:44+	32:57+	35:51+	39:00+	42:19+	47:05+	48:30+	51:17+	55:01+	59:40+	60:44+	61:06+	
11:03+	02:22+	01:35+	02:04+	05:52+	01:20+	05:41+	01:47-	01:13-	02:54+	03:09+	03:19+	04:46+	01:25-	02:47+	03:44+	04:39+	01:04-	00:22-	
04:00&	00:05+	00:27&	01:21-	02:01&	00:12#	01:02#	02:00-	00:10-	02:02@	01:05&	01:08&	02:58@	02:07-	01:46@	01:44&	01:56&	03:06-	00:49-	
7	Carl Malling	Randers OK	1:01:14																
10:17+	16:20+	18:02+	20:00+	25:19+	26:40+	32:03+	33:42+	34:56+	37:40+	40:20+	43:01+	48:17+	49:27+	51:51+	55:56+	60:04+	60:58+	61:14+	
10:17+	06:03+	01:42+	01:58-	05:19+	01:21+	05:23+	01:39-	01:14-	02:44+	02:40+	02:41+	05:16+	01:10-	02:24+	04:05+	04:08+	00:54-	00:16-	
03:14&	03:46@	00:34&	01:27-	01:28&	00:13#	00:44#	02:08-	00:09-	01:52@	00:36&	00:30#	03:28@	02:22-	01:23@	02:05@	01:25&	03:16-	00:55-	
8	Poul Henning Pedersen	OK Vendelboerne	1:03:05																
17:15+	19:13+	20:37+	22:25+	28:39+	33:07+	37:31+	38:25+	40:47+	43:20+	45:45+	49:50+	51:13+	53:33+	56:49+	61:35+	62:44+	63:05+		
17:15+	01:58-	01:24+	01:48-	05:06+	01:08=	04:28-	04:24+	00:54-	02:22+	02:33+	02:25+	04:05+	01:23-	02:20+	03:16+	04:46+	01:09-	00:21-	
10:12@	00:19-	00:16#	01:37-	01:15&	00:00=	00:11-	00:37#	00:29-	01:30@	00:29#	00:14#	02:17@	02:09-	01:19@	01:16&	02:03&	03:01-	00:50-	

Class	Navn	Klasse	Tid
9	Vagn Pedersen	Aarhus 1900 Orientering	1:04:02
14:02+	17:03+ 18:31+ 20:23+ 25:01+ 26:21+	31:14+ 32:50+ 34:14+ 37:23+ 40:30+	43:22+ 49:28+ 50:40+ 53:45+ 58:09+ 62:47+ 63:47+ 64:02+
14:02+	03:01+ 01:28+ 01:52+ 04:38+ 01:20+	04:53+ 01:36- 01:24+ 01:26+ 03:09+	03:07+ 02:52+ 06:06+ 01:12- 03:05+ 04:24+ 04:38+ 01:00- 00:15-
06:59&	00:44& 00:20& 01:33- 00:47# 00:12#	00:14+ 02:11- 00:01+ 02:17@ 01:03&	00:41& 04:18@ 02:20- 02:04@ 02:24@ 01:55& 03:10- 00:56-
10	Jens Christensen	Mariager Fjord OK	1:07:04
11:29+	14:07+ 16:12+ 18:29+ 24:04+ 25:26+	31:50+ 33:47+ 35:03+ 38:09+ 43:13+	46:21+ 51:52+ 53:29+ 56:25+ 60:33+ 65:41+ 66:43+ 67:04+
11:29+	02:38+ 02:05+ 02:17- 05:35+ 01:22+	06:24+ 01:57- 01:16- 03:06+ 05:04+	03:08+ 05:31+ 01:37- 02:56+ 04:08+ 05:08+ 01:02- 00:21-
04:26&	00:21# 00:57& 01:08- 01:44& 00:14#	01:45& 01:50- 00:07- 02:14@ 03:00@	00:57& 03:43@ 01:55- 01:55@ 02:08@ 02:25& 03:08- 00:50-
11	Kai Ø. Laursen	Aalborg OK	1:07:51
11:36+	14:31+ 17:04+ 19:19+ 25:23+ 27:14+	32:59+ 34:55+ 36:13+ 39:58+ 42:54+	45:42+ 51:44+ 53:01+ 55:57+ 61:48+ 66:35+ 67:34+ 67:51+
11:36+	02:55+ 02:33+ 02:15- 06:04+ 01:51+	05:45+ 01:56- 01:18- 03:45+ 02:56+	02:48+ 06:02+ 01:17- 02:56+ 05:51+ 04:47+ 00:59- 00:17-
04:33&	00:38& 01:25@ 01:10- 02:13& 00:43&	01:06# 01:51- 00:05- 02:53@ 00:52&	00:37& 04:14@ 02:15- 01:55@ 03:51@ 02:04& 03:11- 00:54-
12	Lene Stick Nielsen	Viborg OK	1:08:37
13:27+	17:11+ 18:50+ 21:37+ 27:28+ 28:52+	36:00+ 37:53+ 39:12+ 42:00+ 45:05+	47:50+ 54:05+ 55:21+ 58:20+ 62:49+ 67:26+ 68:20+ 68:37+
13:27+	03:44+ 01:39+ 02:47- 05:51+ 01:24+	07:08+ 01:53- 01:19- 02:48+ 03:05+	02:45+ 06:15+ 01:16- 02:59+ 04:29+ 04:37+ 00:54- 00:17-
06:24&	01:27& 00:31& 00:38- 02:00& 00:16#	02:29& 01:54- 00:04- 01:56@ 01:01&	00:34& 04:27@ 02:16- 01:58@ 02:29@ 01:54& 03:16- 00:54-
13	Ulf Mogensen	Aalborg OK	1:08:44
12:48+	15:37+ 17:13+ 19:24+ 25:15+ 26:50+	33:10+ 35:22+ 36:48+ 40:00+ 43:06+	46:32+ 52:20+ 53:49+ 56:38+ 62:59+ 67:30+ 68:28+ 68:44+
12:48+	02:49+ 01:36+ 02:11- 05:51+ 01:35+	06:20+ 02:12- 01:26+ 03:12+ 03:06+	03:26+ 05:48+ 01:29- 02:49+ 06:21+ 04:31+ 00:58- 00:16-
05:45&	00:32# 00:28& 01:14- 02:00& 00:27&	01:41& 01:35- 00:03+ 02:20@ 01:02&	01:15& 04:00@ 02:03- 01:48@ 04:21@ 01:48& 03:12- 00:55-
14	Keld Østergaard	Mariager Fjord OK	1:08:47
10:58+	21:03+ 22:49+ 24:40+ 29:56+ 31:35+	37:26+ 39:14+ 40:30+ 43:22+ 46:20+	48:56+ 54:30+ 55:43+ 58:37+ 62:17+ 67:23+ 68:28+ 68:47+
10:58+	10:05+ 01:46+ 01:51- 05:16+ 01:39+	05:51+ 01:48- 01:16- 02:52+ 02:58+	02:36+ 05:34+ 01:13- 02:54+ 03:40+ 05:06+ 01:05- 00:19-
03:55&	07:48@ 00:38& 01:34- 01:25& 00:31&	01:12& 01:59- 00:07- 02:00@ 00:54&	00:25# 03:46@ 02:19- 01:53@ 01:40& 02:23& 03:05- 00:52-
15	Karin Wæhrens	OK Vendelboerne	1:10:03
12:35+	15:39+ 17:07+ 26:14+ 31:41+ 32:57+	38:12+ 40:55+ 42:15+ 45:15+ 48:24+	51:12+ 55:47+ 57:12+ 60:01+ 64:16+ 69:03+ 69:49+ 70:03+
12:35+	03:04+ 01:28+ 09:07+ 05:27+ 01:16+	05:15+ 02:43- 01:20- 03:00+ 03:09+	02:48+ 04:35+ 01:25- 02:49+ 04:15+ 04:47+ 00:46- 00:14-
05:32&	00:47& 00:20& 05:42@ 01:36& 00:08#	00:36# 01:04- 00:03- 02:08@ 01:05&	00:37& 02:47@ 02:07- 01:48@ 02:15@ 02:04& 03:24- 00:57-
16	Ann Dissing	OK Vendelboerne	1:10:22
12:49+	15:56+ 17:49+ 20:03+ 27:07+ 29:07+	36:24+ 38:30+ 39:48+ 43:09+	46:23+ 49:19+ 55:39+ 56:55+ 59:54+ 64:21+ 69:02+ 70:07+ 70:22+
12:49+	03:07+ 01:53+ 02:14- 07:04+ 02:00+	07:17+ 02:06- 01:18- 03:21+ 03:14+	02:56+ 06:20+ 01:16- 02:59+ 04:27+ 04:41+ 01:05- 00:15-
05:46&	00:50& 00:45& 01:11- 03:13& 00:52&	02:38& 01:41- 00:05- 02:29@ 01:10&	00:45& 04:32@ 02:16- 01:58@ 02:27@ 01:58& 03:05- 00:56-
17	Kirsten Hald Holdensen	OK Vendelboerne	1:10:50
12:52+	15:55+ 17:43+ 19:57+ 27:30+ 29:08+	34:52+ 38:11+ 39:25+ 42:53+ 45:43+	48:18+ 54:12+ 55:41+ 59:35+ 64:23+ 69:45+ 70:37+ 70:50+
12:52+	03:03+ 01:48+ 02:14- 07:33+ 01:38+	05:44+ 03:19- 01:14- 03:28+ 02:50+	02:35+ 05:54+ 01:29- 03:54+ 04:48+ 05:22+ 00:52- 00:13-
05:49&	00:46& 00:40& 01:11- 03:42& 00:30&	01:05# 00:28- 00:09- 02:36@ 00:46&	00:24# 04:06@ 02:03- 02:53@ 02:48@ 02:39& 03:18- 00:58-
18	Carl Henrik Pedersen	Mariager Fjord OK	1:10:59
11:06+	13:43+ 15:18+ 17:52+ 23:38+ 25:09+	31:00+ 32:58+ 34:29+ 37:19+ 46:19+	52:05+ 57:00+ 58:12+ 60:48+ 65:00+ 69:00+ 70:23+ 70:59+
11:06+	02:37+ 01:35+ 02:34- 05:46+ 01:31+	05:51+ 01:58- 01:31+ 02:50+ 09:00+	05:46+ 04:55+ 01:12- 02:36+ 04:12+ 04:00+ 01:23- 00:36-
04:03&	00:20# 00:27& 00:51- 01:55& 00:23&	01:12& 01:49- 00:08+ 01:58@ 06:56@	03:35@ 03:07@ 02:20- 01:35@ 02:12@ 01:17& 02:47- 00:35-
19	Niels Bobach	Aalborg OK	1:11:57
12:59+	15:54+ 17:50+ 20:06+ 26:09+ 27:46+	34:44+ 36:50+ 38:10+ 41:39+ 44:58+	48:15+ 54:54+ 56:25+ 59:35+ 64:36+ 70:34+ 71:37+ 71:57+
12:59+	02:55+ 01:56+ 02:16- 06:03+ 01:37+	06:58+ 02:06- 01:20- 03:29+ 03:19+	03:17+ 06:39+ 01:31- 03:10+ 05:01+ 05:58+ 01:03- 00:20-
05:56&	00:38& 00:48& 01:09- 02:12& 00:29&	02:19& 01:41- 00:03- 02:37@ 01:15&	01:06& 04:51@ 02:01- 02:09@ 03:01@ 03:15@ 03:07- 00:51-
20	Astrid Gylling Hougaard	Aarhus 1900 Orientering	1:13:10
11:45+	15:04+ 17:25+ 20:10+ 25:52+ 27:20+	34:42+ 36:32+ 37:50+ 41:43+ 44:47+	47:23+ 53:30+ 54:39+ 57:22+ 67:17+ 71:54+ 72:54+ 73:10+
11:45+	03:19+ 02:21+ 02:45- 05:42+ 01:28+	07:22+ 01:50- 01:18- 03:53+ 03:04+	02:36+ 06:07+ 01:09- 02:43+ 09:55+ 04:37+ 01:00- 00:16-
04:42&	01:02& 01:13@ 00:40- 01:51& 00:20&	02:43& 01:57- 00:05- 03:01@ 01:00&	00:25# 04:19@ 02:23- 01:42@ 07:55@ 01:54& 03:10- 00:55-
21	Thorkild Holm Pedersen	OK Vendelboerne	1:13:32
11:09+	14:41+ 16:26+ 18:38+ 27:12+ 28:33+	34:48+ 37:34+ 39:01+ 41:59+ 46:03+	49:59+ 55:32+ 57:04+ 60:00+ 66:01+ 72:19+ 73:14+ 73:32+
11:09+	03:32+ 01:45+ 02:12- 08:34+ 01:21+	06:15+ 02:46- 01:27+ 02:58+ 04:04+	03:56+ 05:33+ 01:32- 02:56+ 06:01+ 06:18+ 00:55- 00:18-
04:06&	01:15& 00:37& 01:13- 04:43@ 00:13#	01:36& 01:01- 00:04+ 02:06@ 02:00&	01:45& 03:45@ 02:00- 01:55@ 04:01@ 03:35@ 03:15- 00:53-
22	Gert Odgaard	OK Vendelboerne	1:13:56
13:05+	16:03+ 17:54+ 20:05+ 28:09+ 29:45+	39:21+ 41:25+ 42:41+ 45:41+ 48:40+	51:29+ 57:07+ 58:25+ 61:26+ 66:42+ 72:20+ 73:39+ 73:56+
13:05+	02:58+ 01:51+ 02:11- 08:04+ 01:36+	09:36+ 02:04- 01:16- 03:00+ 02:59+	02:49+ 05:38+ 01:18- 03:01+ 05:16+ 05:38+ 01:19- 00:17-
06:02&	00:41& 00:43& 01:14- 04:13@ 00:28&	04:57@ 01:43- 00:07- 02:08@ 00:55&	00:38& 03:50@ 02:14- 02:00@ 03:16@ 02:55@ 02:51- 00:54-
23	Gert Rebsdorf	Mariager Fjord OK	1:14:14
11:47+	14:29+ 16:01+ 23:50+ 30:03+ 31:43+	39:16+ 41:05+ 42:23+ 45:31+ 48:37+	51:40+ 57:53+ 59:17+ 62:36+ 66:23+ 72:32+ 73:52+ 74:14+
11:47+	02:42+ 01:32+ 07:49+ 06:13+ 01:40+	07:33+ 01:49- 01:18- 03:08+ 03:06+	03:03+ 06:13+ 01:24- 03:19+ 03:47+ 06:09+ 01:20- 00:22-
04:44&	00:25# 00:24& 04:24@ 02:22& 00:32&	02:54& 01:58- 00:05- 02:16@ 01:02&	00:52& 04:25@ 02:08- 02:18@ 01:47& 03:26@ 02:50- 00:49-

Class	Navn	Klasse	Tid															
24	Ole Nielsen	Aalborg OK	1:15:06															
13:04+	16:33+	18:26+	20:50+	26:50+	28:27+	36:33+	38:50+	40:23+	44:31+	48:05+	51:21+	59:52+	61:18+	64:10+	68:34+	73:50+	74:48+	75:06+
13:04+	03:29+	01:53+	02:24-	06:00+	01:37+	08:06+	02:17-	01:33+	04:08+	03:34+	03:16+	08:31+	01:26-	02:52+	04:24+	05:16+	00:58-	00:18-
06:01&	01:12&	00:45&	01:01-	02:09&	00:29&	03:27&	01:30-	00:10#	03:16@	01:30&	01:05&	06:43@	02:06-	01:51@	02:24@	02:33&	03:12-	00:53-
25	Hanne Veggerby	Rold Skov OK	1:17:40															
13:01+	22:28+	24:46+	27:04+	35:52+	37:48+	43:38+	45:58+	47:47+	50:51+	54:05+	57:05+	62:33+	63:47+	67:11+	71:02+	76:07+	77:23+	77:40+
13:01+	09:27+	02:18+	02:18-	08:48+	01:56+	05:50+	02:20-	01:49+	03:04+	03:14+	03:00+	05:28+	01:14-	03:24+	03:51+	05:05+	01:16-	00:17-
05:58&	07:10@	01:10@	01:07-	04:57@	00:48&	01:11&	01:27-	00:26&	02:12@	01:10&	00:49&	03:40@	02:18-	02:23@	01:51&	02:22&	02:54-	00:54-
26	henrik Høiberg Ozol	Silkeborg OK	1:19:09															
10:54+	25:11+	26:56+	28:51+	33:38+	34:58+	39:51+	41:36+	42:42+	45:10+	48:36+	52:07+	59:00+	60:46+	64:54+	70:24+	76:42+	78:26+	79:09+
10:54+	14:17+	01:45+	01:55-	04:47+	01:20+	04:53+	01:45-	01:06-	02:28+	03:26+	03:31+	06:53+	01:46-	04:08+	05:30+	06:18+	01:44-	00:43-
03:51&	12:00@	00:37&	01:30-	00:56#	00:12#	00:14+	02:02-	00:17-	01:36@	01:22&	01:20&	05:05@	01:46-	03:07@	03:30@	03:35@	02:26-	00:28-
27	Niels Jørgen Iversen	Mariager Fjord OK	1:19:34															
14:36+	17:42+	19:38+	22:15+	29:19+	32:10+	38:51+	41:16+	42:57+	46:48+	50:33+	53:59+	61:14+	62:52+	67:06+	71:41+	78:00+	79:13+	79:34+
14:36+	03:06+	01:56+	02:37-	07:04+	02:51+	06:41+	02:25-	01:41+	03:51+	03:45+	03:26+	07:15+	01:38-	04:14+	04:35+	06:19+	01:13-	00:21-
07:33@	00:49&	00:48&	00:48-	03:13&	01:43@	02:02&	01:22-	00:18#	02:59@	01:41&	01:15&	05:27@	01:54-	03:13@	02:35@	03:36@	02:57-	00:50-
28	Betina Gram Johansen	Mariager Fjord OK	1:21:16															
28:55+	31:37+	33:06+	35:48+	42:32+	43:58+	51:04+	52:43+	53:51+	56:50+	59:39+	62:08+	67:02+	68:17+	71:02+	75:17+	80:04+	81:00+	81:16+
28:55+	02:42+	01:29+	02:42-	06:44+	01:26+	07:06+	01:39-	01:08-	02:59+	02:49+	02:29+	04:54+	01:15-	02:45+	04:15+	04:47+	00:56-	00:16-
21:52@	00:25#	00:21&	00:43-	02:53&	00:18&	02:27&	02:08-	00:15-	02:07@	00:45&	00:18#	03:06@	02:17-	01:44@	02:15@	02:04&	03:14-	00:55-
29	Susanne Høiberg	Silkeborg OK	1:24:38															
14:42+	18:32+	21:20+	24:20+	31:06+	33:17+	42:40+	45:00+	46:43+	51:01+	54:35+	58:06+	64:57+	66:36+	69:52+	76:36+	83:00+	84:22+	84:38+
14:42+	03:50+	02:48+	03:00-	06:46+	02:11+	09:23+	02:20-	01:43+	04:18+	03:34+	03:31+	06:51+	01:39-	03:16+	06:44+	06:24+	01:22-	00:16-
07:39@	01:33&	01:40@	00:25-	02:55&	01:03&	04:44@	01:27-	00:20#	03:26@	01:30&	01:20&	05:03@	01:53-	02:15@	04:44@	03:41@	02:48-	00:55-
30	Hanne Bak-Mikkelsen	OK Vendelboerne	1:26:30															
14:36+	19:15+	21:42+	24:43+	32:35+	34:08+	43:29+	46:20+	48:17+	52:45+	56:55+	60:14+	66:48+	68:52+	73:29+	78:50+	84:53+	86:07+	86:30+
14:36+	04:39+	02:27+	03:01-	07:52+	01:33+	09:21+	02:51-	01:57+	04:28+	04:10+	03:19+	06:34+	02:04-	04:37+	05:21+	06:03+	01:14-	00:23-
07:33@	02:22@	01:19@	00:24-	04:01@	00:25&	04:42@	00:56-	00:34&	03:36@	02:06@	01:08&	04:46@	01:28-	03:36@	03:21@	03:20@	02:56-	00:48-
31	Hanne Mohapeloa	Aalborg OK	1:34:37															
16:21+	23:41+	27:16+	30:13+	37:48+	39:42+	48:34+	51:27+	53:19+	57:52+	62:06+	66:55+	74:23+	76:18+	80:22+	85:59+	92:35+	94:03+	94:37+
16:21+	07:20+	03:35+	02:57-	07:35+	01:54+	08:52+	02:53-	01:52+	04:33+	04:14+	04:49+	07:28+	01:55-	04:04+	05:37+	06:36+	01:28-	00:34-
09:18@	05:03@	02:27@	00:28-	03:44&	00:46&	04:13&	00:54-	00:29&	03:41@	02:10@	02:38@	05:40@	01:37-	03:03@	03:37@	03:53@	02:42-	00:37-
32	Per Hauge	OK Vendelboerne	1:43:16															
15:07+	20:14+	23:16+	26:09+	34:57+	37:39+	46:54+	49:33+	51:13+	57:26+	62:47+	66:59+	73:55+	75:52+	79:48+	93:17+	101:43+	102:54+	103:16+
15:07+	05:07+	03:02+	02:53-	08:48+	02:42+	09:15+	02:39-	01:40+	06:13+	05:21+	04:12+	06:56+	01:57-	03:56+	13:29+	08:26+	01:11-	00:22-
08:04@	02:50@	01:54@	00:32-	04:57@	01:34@	04:36&	01:08-	00:17#	05:21@	03:17@	02:01&	05:08@	01:35-	02:55@	11:29@	05:43@	02:59-	00:49-
33	Hanne Gylling	Aarhus 1900 Orientering	1:43:33															
17:43+	21:14+	23:29+	26:38+	35:28+	37:28+	54:04+	56:27+	58:22+	62:56+	68:44+	73:07+	81:28+	83:16+	87:20+	93:34+	101:50+	103:13+	103:33+
17:43+	03:31+	02:15+	03:09-	08:50+	02:00+	16:36+	02:23-	01:55+	04:34+	05:48+	04:23+	08:21+	01:48-	04:04+	06:14+	08:16+	01:23-	00:20-
10:40@	01:14&	01:07&	00:16-	04:59@	00:52&	11:57@	01:24-	00:32&	03:42@	03:44@	02:12@	06:33@	01:44-	03:03@	04:14@	05:33@	02:47-	00:51-
34	Ida Eller Skaarup	OK Vendelboerne	1:49:48															
15:46+	26:16+	28:16+	31:19+	39:01+	41:06+	52:34+	55:57+	58:30+	62:38+	69:00+	74:43+	80:31+	83:02+	89:13+	101:18+	107:43+	109:24+	109:48+
15:46+	10:30+	02:00+	03:03-	07:42+	02:05+	11:28+	03:23-	02:33+	04:08+	06:22+	05:43+	05:48+	02:31-	06:11+	12:05+	06:25+	01:41-	00:24-
08:43@	08:13@	00:52&	00:22-	03:51&	00:57&	06:49@	00:24-	01:10&	03:16@	04:18@	03:32@	04:00@	01:01-	05:10@	10:05@	03:42@	02:29-	00:47-

Beste stræktid for klassen

07:03 01:58 01:08 01:36 03:51 01:07 04:28 01:24 00:54 00:52 02:04 02:11 01:48 01:09 01:01 02:00 02:43 00:45 00:12 00:21

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Bane4

1	Marie Dybdal	Aarhus 1900 Orientering	40:10												
10:22=	11:37=	14:35=	15:09=	17:16=	21:37=	25:15=	26:16=	27:31=	29:46=	30:36=	32:51=	37:32=	39:07=	39:57=	40:10=
10:22=	01:15=	02:58=	00:34=	02:07=	04:21=	03:38=	01:01=	01:15=	02:15=	00:50=	02:15=	04:41=	01:35=	00:50=	00:13=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Jonathan Birk Nielsen	Aalborg OK	47:14												
14:12+	15:45+	18:52+	19:33+	21:47+	26:48+	30:14+	31:19+	32:31+	35:28+	36:24+	39:09+	43:58+	46:06+	47:02+	47:14+
14:12+	01:33+	03:07+	00:41+	02:14+	05:01+	03:26-	01:05+	01:12-	02:57+	00:56+	02:45+	04:49+	02:08+	00:56+	00:12-
03:50&	00:18#	00:09+	00:07#	00:07+	00:40#	00:12-	00:04+	00:03-	00:42&	00:06#	00:30#	00:08+	00:33&	00:06#	00:01-

Class	Navn	Klasse	Tid
3	Jan Kølbaek	Aarhus 1900 Orientering	53:12
12:52+	15:29+	19:41+	20:31+
23:04+	28:04+	33:00+	34:08+
35:45+	38:44+	39:55+	43:05+
49:20+	51:39+	52:53+	53:12+
12:52+	02:37+	04:12+	00:50+
02:33+	05:00+	04:56+	01:08+
01:37+	02:59+	01:11+	03:10+
06:15+	02:19+	01:14+	00:19+
02:30#	01:22@	01:14&	00:16&
00:26#	00:39#	01:18&	00:07#
00:22&	00:44&	00:21&	00:55&
01:34&	00:44&	00:24&	00:06&
4	Pia Gade	Viborg OK	54:38
13:20+	15:12+	19:32+	20:30+
25:05+	30:39+	34:41+	35:53+
37:29+	40:31+	41:46+	45:05+
50:54+	53:21+	54:23+	54:38+
13:20+	01:52+	04:20+	00:58+
04:35+	05:34+	04:02+	01:12+
01:36+	03:02+	01:15+	03:19+
05:49+	02:27+	01:02+	00:15+
02:58&	00:37&	01:22&	00:24&
02:28@	01:13&	00:24#	00:11#
00:21&	00:47&	00:25&	01:04&
01:08#	00:52&	00:12#	00:02#
5	Per Jessen-Klixbüll	OK Pan Århus	55:10
14:19+	16:08+	21:03+	21:50+
24:16+	30:41+	35:28+	36:42+
38:18+	40:57+	42:00+	44:57+
50:54+	53:27+	54:50+	55:10+
14:19+	01:49+	04:55+	00:47+
02:26+	06:25+	04:47+	01:14+
01:36+	02:39+	01:03+	02:57+
05:57+	02:33+	01:23+	00:20+
03:57&	00:34&	01:57&	00:13&
00:19#	02:04&	01:09&	00:13#
00:21&	00:24#	00:13&	00:24#
00:13&	00:42&	01:16&	00:58&
00:33&	00:07&	00:33&	00:07&
6	Rigmor Schou	Mariager Fjord OK	56:32
14:18+	15:54+	20:05+	21:07+
24:21+	30:15+	35:41+	37:35+
39:12+	42:28+	43:28+	46:21+
52:16+	55:08+	56:15+	56:32+
14:18+	01:36+	04:11+	01:02+
03:14+	05:54+	05:26+	01:54+
01:37+	03:16+	01:00+	02:53+
05:55+	02:52+	01:07+	00:17+
03:56&	00:21&	01:13&	00:28&
01:07&	01:33&	01:48&	00:53&
00:22&	01:01&	00:10#	00:38&
01:14&	01:17&	00:17&	00:04&
7	Keld Abrahamsen	Aarhus 1900 Orientering	57:02
14:03+	16:16+	20:21+	21:10+
24:03+	29:50+	34:00+	35:12+
36:44+	40:21+	41:28+	45:07+
51:48+	55:10+	56:37+	57:02+
14:03+	02:13+	04:05+	00:49+
02:53+	05:47+	04:10+	01:12+
01:32+	03:37+	01:07+	03:39+
06:41+	03:22+	01:27+	00:25+
03:41&	00:58&	01:07&	00:15&
00:46&	01:26&	00:32#	00:11#
00:17#	01:22&	00:17&	01:24&
02:00&	01:47@	00:37&	00:12&
9	finn Hother	OK Pan Århus	59:14
13:47+	15:35+	19:13+	20:01+
22:48+	29:39+	37:19+	38:26+
40:07+	43:17+	44:35+	47:47+
54:13+	57:48+	58:56+	59:14+
13:47+	01:48+	03:38+	00:48+
02:47+	06:51+	07:40+	01:07+
01:41+	03:10+	01:18+	03:12+
06:26+	03:35+	01:08+	00:18+
03:25&	00:33&	00:40#	00:14&
00:40&	02:30&	04:02@	00:06+
00:26&	00:55&	00:28&	00:57&
01:45&	02:00@	00:18&	00:05&
10	Arne Pedersen	Mariager Fjord OK	1:01:52
15:27+	17:41+	23:10+	24:10+
27:08+	33:31+	38:04+	39:34+
41:16+	44:45+	46:09+	50:05+
56:53+	59:53+	61:23+	61:52+
15:27+	02:14+	05:29+	01:00+
02:58+	06:23+	04:33+	01:30+
01:42+	03:29+	01:24+	03:56+
06:48+	03:00+	01:30+	00:29+
05:05&	00:59&	02:31&	00:26&
00:51&	02:02&	00:55&	00:29&
00:27&	01:14&	00:34&	01:41&
02:07&	01:25&	00:40&	00:16@
11	Else Hass	OK Pan Århus	1:03:15
15:44+	17:54+	22:41+	23:53+
27:15+	33:57+	39:36+	41:18+
42:55+	46:52+	48:17+	51:34+
58:28+	61:38+	62:53+	63:15+
15:44+	02:10+	04:47+	01:12+
03:22+	06:42+	05:39+	01:42+
03:57+	01:25+	03:17+	06:54+
03:10+	01:15+	00:22+	00:09&
05:22&	00:55&	01:49&	00:38@
01:15&	02:21&	02:01&	00:41&
00:22&	01:42&	00:35&	01:02&
02:13&	01:35&	00:25&	00:09&
12	Hanne H. Poulsen	Mariager Fjord OK	1:05:06
18:13+	20:23+	25:28+	26:27+
29:48+	36:32+	41:06+	42:40+
44:19+	47:55+	49:12+	52:31+
58:37+	63:45+	64:47+	65:06+
18:13+	02:10+	05:05+	00:59+
03:21+	06:44+	04:34+	01:34+
01:39+	03:36+	01:17+	03:19+
06:06+	05:08+	01:02+	00:19+
07:51&	00:55&	02:07&	00:25&
01:14&	02:23&	00:56&	00:33&
00:24&	01:21&	00:27&	01:04&
01:25&	03:33@	00:12#	00:06&
13	Ellen Thomsen	OK Vendelboerne	1:05:16
17:08+	19:35+	25:14+	26:05+
29:58+	36:11+	41:52+	43:31+
45:22+	48:48+	50:10+	53:51+
60:39+	63:45+	64:56+	65:16+
17:08+	02:27+	05:39+	00:51+
03:53+	06:13+	05:41+	01:39+
01:51+	03:26+	01:22+	03:41+
06:48+	03:06+	01:11+	00:20+
06:46&	01:12&	02:41&	00:17&
01:46&	01:52&	02:03&	00:38&
00:36&	01:11&	00:32&	01:26&
02:07&	01:31&	00:21&	00:07&
14	Vagn Lidegaard	Mariager Fjord OK	1:09:28
16:53+	19:20+	24:41+	25:50+
29:25+	36:09+	42:09+	44:06+
46:15+	50:03+	51:26+	56:02+
64:36+	67:40+	69:06+	69:28+
16:53+	02:27+	05:21+	01:09+
03:35+	06:44+	06:00+	01:57+
02:09+	03:48+	01:23+	04:36+
08:34+	03:04+	01:26+	00:22+
06:31&	01:12&	02:23&	00:35@
01:28&	02:23&	02:22&	00:56&
00:54&	01:33&	00:33&	02:21@
03:53&	01:29&	00:36&	00:09&
15	Christian Als	Viborg OK	1:12:20
15:10+	19:03+	23:59+	25:08+
31:35+	38:04+	44:15+	48:56+
50:42+	54:20+	55:58+	59:58+
66:57+	70:11+	71:55+	72:20+
15:10+	03:53+	04:56+	01:09+
06:27+	06:29+	06:11+	04:41+
01:46+	03:38+	01:38+	04:00+
06:59+	03:14+	01:44+	00:25+
04:48&	02:38@	01:58&	00:35@
04:20@	02:08&	02:33&	03:40@
00:31&	01:23&	00:48&	01:45&
16	Signe Veggerby Jensen	Rold Skov OK	1:13:15
16:24+	19:49+	27:37+	28:38+
32:49+	40:37+	47:30+	48:57+
50:52+	56:08+	57:08+	60:30+
69:21+	71:45+	72:58+	73:15+
16:24+	03:25+	07:48+	01:01+
04:11+	07:48+	06:53+	01:27+
01:55+	05:16+	01:00+	03:22+
08:51+	02:24+	01:13+	00:17+
06:02&	02:10@	04:50@	00:27&
02:04&	03:27&	03:15&	00:26&
00:40&	03:01@	00:10#	01:07&
04:10&	00:49&	00:23&	00:04&
17	Maria Bo Kølbaek	Aarhus 1900 Orientering	1:15:45
18:44+	21:36+	27:41+	29:04+
33:05+	40:57+	47:32+	50:08+
52:10+	56:22+	57:48+	62:22+
70:12+	73:41+	75:15+	75:45+
18:44+	02:52+	06:05+	01:23+
04:01+	07:52+	06:35+	02:36+
02:02+	04:12+	01:26+	04:34+
03:29+	01:34+	00:30+	00:17+
08:22&	01:37@	03:07@	00:49@
01:54&	03:31&	02:57&	01:35@
00:47&	01:57&	00:36&	02:19@
03:09&	01:54@	00:44&	00:17@
18	Erik Netteberg Jørgensen	Aalborg OK	1:16:40
19:27+	22:07+	27:49+	29:58+
33:02+	40:23+	47:52+	51:47+
53:52+	58:08+	59:43+	63:42+
71:54+	74:56+	76:20+	76:40+
19:27+	02:40+	05:42+	02:09+
03:04+	07:21+	07:29+	03:55+
02:05+	04:16+	01:35+	03:59+
08:12+	03:02+	01:24+	00:20+
09:05&	01:25@	02:44&	01:35@
00:57&	03:00&	03:51@	02:54@
00:50&	02:01&	00:45&	01:44&
03:31&	01:27&	00:34&	00:07&

Class	Navn	Klasse	Tid
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19	Minna Hald Andersen	Rold Skov OK	1:16:50												
17:57+	20:28+	26:27+	27:38+	31:09+	38:39+	50:58+	52:49+	54:49+	58:22+	59:56+	64:34+	71:47+	74:52+	76:22+	76:50+
17:57+	02:31+	05:59+	01:11+	03:31+	07:30+	12:19+	01:51+	02:00+	03:33+	01:34+	04:38+	07:13+	03:05+	01:30+	00:28+
07:35&	01:16@	03:01@	00:37@	01:24&	03:09&	08:41@	00:50&	00:45&	01:18&	00:44&	02:23@	02:32&	01:30&	00:40&	00:15@

20	Olaf Christensen	Aarhus 1900 Orientering	1:17:32												
17:03+	20:02+	26:35+	27:49+	31:26+	39:54+	48:40+	51:19+	53:12+	57:46+	59:28+	63:42+	71:50+	75:11+	77:10+	77:32+
17:03+	02:59+	06:33+	01:14+	03:37+	08:28+	08:46+	02:39+	01:53+	04:34+	01:42+	04:14+	08:08+	03:21+	01:59+	00:22+
06:41&	01:44@	03:35@	00:40@	01:30&	04:07&	05:08@	01:38@	00:38&	02:19@	00:52@	01:59&	03:27&	01:46@	01:09@	00:09&

21	Peter Arildsen	OK Vendelboerne	1:18:06												
20:22+	23:24+	29:46+	30:56+	35:11+	42:27+	48:02+	50:16+	52:27+	56:47+	58:27+	63:43+	72:13+	75:44+	77:33+	78:06+
20:22+	03:02+	06:22+	01:10+	04:15+	07:16+	05:35+	02:14+	02:11+	04:20+	01:40+	05:16+	08:30+	03:31+	01:49+	00:33+
10:00&	01:47@	03:24@	00:36@	02:08@	02:55&	01:57&	01:13@	00:56&	02:05&	00:50&	03:01@	03:49&	01:56@	00:59@	00:20@

22	Svend Brøns Petersen	OK Vendelboerne	1:19:25												
20:00+	22:27+	29:05+	30:05+	33:46+	42:02+	47:43+	50:29+	52:55+	57:34+	59:17+	64:18+	72:44+	77:14+	79:00+	79:25+
20:00+	02:27+	06:38+	01:00+	03:41+	08:16+	05:41+	02:46+	02:26+	04:39+	01:43+	05:01+	08:26+	04:30+	01:46+	00:25+
09:38&	01:12&	03:40@	00:26&	01:34&	03:55&	02:03&	01:45@	01:11&	02:24@	00:53@	02:46@	03:45&	02:55@	00:56@	00:12&

23	Lilian Netteberg	Aalborg OK	1:19:51													
18:43+	20:45+	27:46+	28:42+	33:08+	40:21+	46:56+	48:33+	50:23+	54:06+	55:37+	59:02+	72:07+	77:36+	78:45+	79:30+	79:51+
18:43+	02:02+	07:01+	00:56+	04:26+	07:13+	06:35+	01:37+	01:50+	03:43+	01:31+	03:25+	13:05+	05:29+	01:09+	00:45+	00:21+
08:21&	00:47&	04:03@	00:22&	02:19@	02:52&	02:57&	00:36&	00:35&	01:28&	00:41&	01:10&	08:24@	03:54@	00:19&	00:32@	00:21+

24	Vivi Arildsen	OK Vendelboerne	1:20:07												
18:28+	24:21+	29:44+	31:05+	38:33+	44:59+	50:24+	53:02+	55:12+	59:35+	61:09+	65:26+	74:29+	78:20+	79:44+	80:07+
18:28+	05:53+	05:23+	01:21+	07:28+	06:26+	05:25+	02:38+	02:10+	04:23+	01:34+	04:17+	09:03+	03:51+	01:24+	00:23+
08:06&	04:38@	02:25&	00:47@	05:21@	02:05&	01:47&	01:37@	00:55&	02:08&	00:44&	02:02&	04:22&	02:16@	00:34&	00:10&

25	Lene Bank Hansen	OK Vendelboerne	1:22:05												
19:56+	23:05+	29:29+	30:33+	34:33+	41:48+	47:16+	50:39+	53:01+	59:25+	61:00+	65:15+	76:36+	80:08+	81:40+	82:05+
19:56+	03:09+	06:24+	01:04+	04:00+	07:15+	05:28+	03:23+	02:22+	06:24+	01:35+	04:15+	11:21+	03:32+	01:32+	00:25+
09:34&	01:54@	03:26@	00:30&	01:53&	02:54&	01:50&	02:22@	01:07&	04:09@	00:45&	02:00&	06:40@	01:57@	00:42&	00:12&

26	Asbjørn Maintz Andersen	Aarhus 1900 Orientering	1:33:35												
22:01+	25:01+	32:20+	33:41+	41:02+	51:49+	58:35+	60:54+	63:26+	68:36+	70:35+	76:45+	86:23+	90:44+	92:52+	93:35+
22:01+	03:00+	07:19+	01:21+	07:21+	10:47+	06:46+	02:19+	02:32+	05:10+	01:59+	06:10+	09:38+	04:21+	02:08+	00:43+
11:39@	01:45@	04:21@	00:47@	05:14@	06:26@	03:08&	01:18@	01:17@	02:55@	01:09@	03:55@	04:57@	02:46@	01:18@	00:30@

27	Ole Jensen	Rold Skov OK	1:35:13												
21:23+	23:53+	43:01+	44:09+	47:47+	55:16+	60:24+	62:39+	64:53+	72:07+	73:54+	78:12+	89:43+	92:49+	94:35+	95:13+
21:23+	02:30+	19:08+	01:08+	03:38+	07:29+	05:08+	02:15+	02:14+	07:14+	01:47+	04:18+	11:31+	03:06+	01:46+	00:38+
11:01@	01:15&	16:10@	00:34&	01:31&	03:08&	01:30&	01:14@	00:59&	04:59@	00:57@	02:03&	06:50@	01:31&	00:56@	00:25@

Beste stræktid for klassen
 10:22 01:15 02:58 00:34 02:07 04:21 03:26 01:01 01:12 02:15 00:50 02:15 04:41 01:35 00:50 00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Bane5

1	Frederik Nørgaard Pedersen	Aalborg OK	36:29														
01:55=	02:39=	04:35=	06:03=	08:21=	11:17=	15:14=	15:57=	18:23=	19:29=	20:40=	24:34=	27:42=	30:21=	32:06=	35:05=	36:14=	36:29=
01:55=	00:44=	01:56=	01:28=	02:18=	02:56=	03:57=	00:43=	02:26=	01:06=	01:11=	03:54=	03:08=	02:39=	01:45=	02:59=	01:09=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Mette Fosvald	Aalborg OK	57:04														
03:24+	04:48+	09:49+	12:23+	15:58+	20:13+	23:43+	25:01+	26:38+	28:25+	30:38+	36:15+	42:54+	47:15+	49:40+	54:28+	56:45+	57:04+
03:24+	01:24+	05:01+	02:34+	03:35+	03:30-	01:18+	01:37-	01:47+	02:13+	02:13+	05:37+	06:39+	04:21+	02:25+	04:48+	02:17+	00:19+
01:29&	00:40&	03:05@	01:06&	01:17&	01:19&	00:27-	00:35&	00:49-	00:41&	01:02&	01:43&	03:31@	01:42&	00:40&	01:49&	01:08&	00:04&

3	Jane Clausen	OK Vendelboerne	1:03:13														
03:25+	04:29+	08:31+	11:23+	15:24+	19:16+	22:40+	24:09+	25:54+	27:36+	30:27+	36:47+	41:45+	46:23+	55:32+	60:57+	62:58+	63:13+
03:25+	01:04+	04:02+	02:52+	04:01+	03:52+	03:24-	01:29+	01:45-	01:42+	02:51+	06:20+	04:58+	04:38+	09:09+	05:25+	02:01+	00:15=
01:30&	00:20&	02:06@	01:24&	01:43&	00:56&	00:33-	00:46@	00:41-	00:36&	01:40@	02:26&	01:50&	01:59&	07:24@	02:26&	00:52&	00:00=

4	Mette Reiche Sørensen	OK Vendelboerne	1:48:19														
05:51+	07:55+	16:17+	21:06+	27:08+	34:15+	41:18+	43:53+	47:22+	52:09+	57:16+	67:49+	76:15+	85:00+	93:08+	103:31+	107:42+	108:19+
05:51+	02:04+	08:22+	04:49+	06:02+	07:07+	07:03+	02:35+	03:29+	04:47+	05:07+	10:33+	08:26+	08:45+	08:08+	10:23+	04:11+	00:37+
03:56@	01:20@	06:26@	03:21@	03:44@	04:11@	03:06&	01:52@	01:03&	03:41@	03:56@	06:39@	05:18@	06:06@	06:23@	07:24@	03:02@	00:22@

Class	Navn	Klasse	Tid
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Beste stræktid for klassen

01:55 00:44 01:56 01:28 02:18 02:56 03:24 00:43 01:37 01:06 01:11 03:54 03:08 02:39 01:45 02:59 01:09 00:15

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Bane6

1	Flemming Nedza	Aalborg OK	45:28
03:29=	08:00= 11:03= 15:02= 19:28= 23:06= 24:11= 27:09= 32:07= 36:10= 40:26= 42:48= 45:10= 45:28=		
03:29=	04:31= 03:03= 03:59= 04:26= 03:38= 01:05= 02:58= 04:58= 04:03= 04:16= 02:22= 02:22= 00:18=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Louise Kolind	Aarhus 1900 Orientering	49:05
04:06+	08:42+ 11:51+ 16:22+ 21:09+ 24:15+ 25:26+ 28:50+ 35:00+ 38:44+ 43:51+ 46:21+ 48:45+ 49:05+		
04:06+	04:36+ 03:09+ 04:31+ 04:47+ 03:06- 01:11+ 03:24+ 06:10+ 03:44- 05:07+ 02:30+ 02:24+ 00:20+		
00:37#	00:05+ 00:06+ 00:32# 00:21+ 00:32- 00:06+ 00:26# 01:12# 00:19- 00:51# 00:08+ 00:02+ 00:02#		
3	Camilla Flyvbjerg	Rold Skov OK	56:09
04:32+	09:54+ 12:53+ 16:22+ 22:23+ 27:14+ 30:56+ 35:04+ 41:01+ 45:24+ 50:16+ 52:45+ 55:54+ 56:09+		
04:32+	05:22+ 02:59- 03:29- 06:01+ 04:51+ 03:42+ 04:08+ 05:57+ 04:23+ 04:52+ 02:29+ 03:09+ 00:15-		
01:03&	00:51# 00:04- 00:30- 01:35& 01:13& 02:37@ 01:10& 00:59# 00:20+ 00:36# 00:07+ 00:47& 00:03-		
4	Mathias Veggerby Jensen	Rold Skov OK	56:37
04:07+	09:00+ 11:47+ 16:29+ 22:37+ 25:39+ 27:01+ 31:46+ 38:53+ 43:08+ 48:14+ 52:57+ 56:19+ 56:37+		
04:07+	04:53+ 02:47- 04:42+ 06:08+ 03:02- 01:22+ 04:45+ 07:07+ 04:15+ 05:06+ 04:43+ 03:22+ 00:18=		
00:38#	00:22+ 00:16- 00:43# 01:42& 00:36- 00:17& 01:47& 02:09& 00:12+ 00:50# 02:21& 01:00& 00:00=		
5	Sanne Andersen	Aalborg OK	59:11
03:53+	10:24+ 13:27+ 17:57+ 24:04+ 30:19+ 32:12+ 36:33+ 43:29+ 47:55+ 53:08+ 56:10+ 58:54+ 59:11+		
03:53+	06:31+ 03:03= 04:30+ 06:07+ 06:15+ 01:53+ 04:21+ 06:56+ 04:26+ 05:13+ 03:02+ 02:44+ 00:17-		
00:24#	02:00& 00:00= 00:31# 01:41& 02:37& 00:48& 01:23& 01:58& 00:23+ 00:57# 00:40& 00:22# 00:01-		
6	Kirsten Thomsen	OK Vendelboerne	1:10:50
05:28+	11:34+ 15:29+ 21:01+ 27:42+ 33:01+ 34:49+ 39:58+ 48:12+ 57:17+ 64:38+ 67:44+ 70:23+ 70:50+		
05:28+	06:06+ 03:55+ 05:32+ 06:41+ 05:19+ 01:48+ 05:09+ 08:14+ 09:05+ 07:21+ 03:06+ 02:39+ 00:27+		
01:59&	01:35& 00:52& 01:33& 02:15& 01:41& 00:43& 02:11& 03:16& 05:02@ 03:05& 00:44& 00:17# 00:09&		
7	Helle Sjørup Nielsen	Aalborg OK	1:59:50
09:05+	18:01+ 24:41+ 34:36+ 45:58+ 57:36+ 60:22+ 70:49+ 88:12+ 99:08+ 109:03+ 114:11+ 119:07+ 119:50+		
09:05+	08:56+ 06:40+ 09:55+ 11:22+ 11:38+ 02:46+ 10:27+ 17:23+ 10:56+ 09:55+ 05:08+ 04:56+ 00:43+		
05:36@	04:25& 03:37@ 05:56@ 06:56@ 08:00@ 01:41@ 07:29@ 12:25@ 06:53@ 05:39@ 02:46@ 02:34@ 00:25@		

Beste stræktid for klassen

03:29 04:31 02:47 03:29 04:26 03:02 01:05 02:58 04:58 03:44 04:16 02:22 02:22 00:15

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Bane7

1	Matilde Andersen-Otte	Rold Skov OK	30:18
03:00=	07:55= 12:07= 15:10= 18:14= 19:20= 21:18= 22:53= 24:29= 26:26= 27:25= 28:42= 30:02= 30:18=		
03:00=	04:55= 04:12= 03:03= 03:04= 01:06= 01:58= 01:35= 01:36= 01:57= 00:59= 01:17= 01:20= 00:16=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Sara Clausen	OK Vendelboerne	31:01
03:04+	06:47- 11:15- 14:29- 17:33- 18:34- 21:27+ 23:05+ 24:41+ 26:51+ 27:48+ 29:09+ 30:49+ 31:01+		
03:04+	03:43- 04:28+ 03:14+ 03:04= 01:01- 02:53+ 01:38+ 01:36= 02:10+ 00:57- 01:21+ 01:40+ 00:12-		
00:04+	01:12- 00:16+ 00:11+ 00:00= 00:05- 00:55& 00:03+ 00:00= 00:13# 00:02- 00:04+ 00:20# 00:04-		
3	Sofie Flyvbjerg	Rold Skov OK	41:38
03:21+	08:09+ 13:37+ 18:04+ 22:14+ 24:54+ 28:27+ 30:48+ 33:05+ 36:32+ 37:43+ 39:27+ 41:17+ 41:38+		
03:21+	04:48- 05:28+ 04:27+ 04:10+ 02:40+ 03:33+ 02:21+ 02:17+ 03:27+ 01:11+ 01:44+ 01:50+ 00:21+		
00:21#	00:07- 01:16& 01:24& 01:06& 01:34@ 01:35& 00:46& 00:41& 01:30& 00:12# 00:27& 00:30& 00:05&		
4	Hanne Christensen	Aalborg OK	1:24:30
06:35+	28:32+ 39:01+ 45:03+ 51:54+ 54:39+ 60:42+ 64:43+ 70:45+ 75:32+ 78:04+ 80:54+ 83:49+ 84:30+		
06:35+	21:57+ 10:29+ 06:02+ 06:51+ 02:45+ 06:03+ 04:01+ 06:02+ 04:47+ 02:32+ 02:50+ 02:55+ 00:41+		
03:35@	17:02@ 06:17@ 02:59& 03:47@ 01:39@ 04:05@ 02:26@ 04:26@ 02:50@ 01:33@ 01:33@ 01:35@ 00:25@		

Plass	Navn	Klasse	Tid
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Beste stræktid for klassen

03:00 03:43 04:12 03:03 03:04 01:01 01:58 01:35 01:36 01:57 00:57 01:17 01:20 00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Bane8

1 Christoffer Vang Bobach Aalborg OK 14:18

01:32= 02:26= 03:10= 05:28= 07:11= 07:59= 09:49= 11:09= 11:57= 12:55= 14:04= 14:18=
 01:32= 00:54= 00:44= 02:18= 01:43= 00:48= 01:50= 01:20= 00:48= 00:58= 01:09= 00:14=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Marius Vang Bobach Aalborg OK 57:13

02:21+ 06:46+ 08:00+ 11:30+ 15:05+ 16:41+ 19:09+ 21:48+ 53:17+ 54:29+ 56:45+ 57:13+
 02:21+ 04:25+ 01:14+ 03:30+ 03:35+ 01:36+ 02:28+ 02:39+ 31:29+ 01:12+ 02:16+ 00:28+
 00:49& 03:31@ 00:30& 01:12& 01:52@ 00:48& 00:38& 01:19& 30:41@ 00:14# 01:07& 00:14&

Beste stræktid for klassen

01:32 00:54 00:44 02:18 01:43 00:48 01:50 01:20 00:48 00:58 01:09 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.